

Hi fellow Lions welcome to the DG's fortnightly blog,

I am still visiting clubs, I would have to say that every club visited has been a great experience, and with nothing but positive thoughts.

As a DG one of the highlights for me is meeting our fellow Lions in 202F. Visiting the membership gives one the opportunity to hear first hand, clubs and individuals thoughts ideas and concerns.

On a really positive note I pick up so many great ideas from the membership (little positive tips, different ways of running things, promos, project management, membership retention and growth etc.).

Whether your club is large or small it is not the size of the membership that matters but how that individual clubs positive attitude towards helping others and their communities is achieved. ( An observation for smaller clubs, it is not always the larger the dollar amount donated that does the most good ).

As your DG I am charged with being on your Council Of Governors (COG) there are seven DG's representing the seven NZ districts, this is the New Zealand governing body for all lions. We meet on a regular basis throughout the year, looking at all governance issues relating to all things in Lions NZ and International. In attendance there is a Council Advisory Board(CAB) which does all the background work for the council of governors, also in attendance there is one Legal and Financial administrator, they operate strictly a in an advisory only role to Council of Governors. We have a large agenda to get through each time we meet. There is on average a 165 page business document to read, discuss and pass any matters arising. (so life is not all beer and skittles for us DG's but can be very rewarding especially where positive outcomes are achieved). Please do not forget to register early for your 202F Convention in 20/21<sup>st</sup> March 2020 I am hoping to get a large turnout from our membership

I LOOK FORWARD TO SEEING YOU THERE IN MARCH

Kindest regards to you all DG Dave Saunders 202F

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Waikiwi President Donald with DG Dave



It was yummy



DG Dave presenting banner to West Otago President Barry.



DG Dave with Andy & Karen McKean, an American couple who we hosted.



Why did we drive into to this property



Seen in this Property



DG Dave presenting award to West Otago Member (sorry lost the piece of paper with Name– Ed)



Some Lion parents have very clever family members

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# Update from Lion Christine Kemp MD Diabetes Liaison Officer

Good morning

Over the past 9 years or so McCosh Charitable Trust has been offering free diabetes screening and education with Blood Pressure checks to the general public. They have found between 15 and 20% diabetics and or high BP results. In those years they have processed over 19,000 clients using donations to fund the project and volunteers to man it. Many of the screeners were/are Lions members but some were not. We were grateful to have nurses and ex nurses, doctors, students both medical and not medical as well as Jo Bloggs from the street offer their services to this special cause.

I am a trustee of the McCosh Trust and regretfully the trustee's have decided to stop the project after many hours of thought and prayer. I am in the position of being able to sell to interested parties ,preferably Lions districts, a start up gathering of things the project uses like gloves, BP monitors, diabetes monitors, lancets, strips, displays of what foods not to eat, advertising flags, pavements signs , chairs, tables and other things. Obviously the prices will be low and I will have some space in my office. I would also offer any district who is interested, my time and knowledge in order to act as a trainer for them. In time I would hope that they would find a skilled and experienced trainer locally.

Any district interested in getting involved seriously please contact me :

Lion Christine Kemp MD Diabetes Liaison officer

Phone 07-8267892, email, mckg@slingshot.co.nz

I can tell you all that the decision to stop the project was hard as reaching out to people in this way is one of the most satisfying , challenging, and tiring thing to do but if I was ten years younger I would start all over again.

Sincerely

Christine

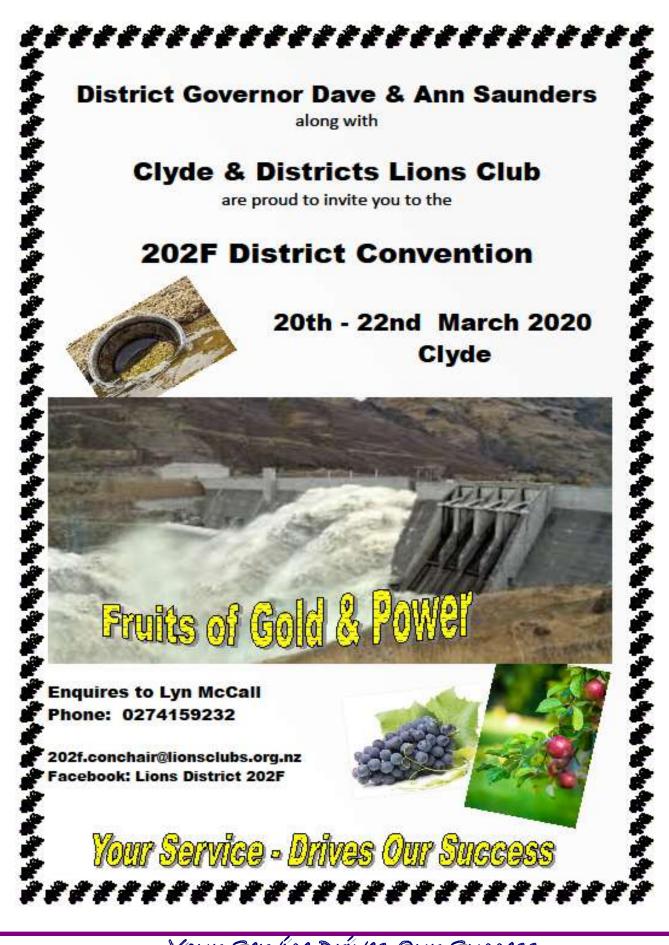
At the Kahu Youth Volunteer Awards on the 5th December, held at Rippon conference centre, (middle) Wanaka Leo President Paris Woodhouse was presented with "Supreme Award" by Kahu Youth Chairperson Kate Goodsell. Right: Paris is supported by fellow Leo, Helene Price.

#### Wanaka Leo Club











# FRUITS OF GOLD & POWER

#### 202F DISTRICT CONVENTION 21 – 22 MARCH 2020 CLYDE, CENTRAL OTAGO



Register before Friday 14 February to go in to a draw at the Convention to receive your full registration back – 1 draw only

#### Lions Registration Form Only

Important – Each Lion must complete a separate Registration Form (please print clearly)

Surname	First Name	
Club	District	Date
Lion Leo Office Held		Delegate: Yes / No
Postal Address		•
Mobile Number	Post	Code
Email Address	Home	e Phone
Special Dietary Requirements		

REGISTRATION & FUNCTIONS	COST	TOTAL
Convention Registration: Lion (non-refundable) (Discounted to \$20 if paid by 14 February 2020)	\$30.00	
Saturday Business – AGM	No Charge	N/A
Saturday Morning Tea	\$6.00	
Saturday Lunch	\$20.00	
Saturday Evening - Dinner & Dance Gold, Glitz & Glamour	\$50.00	*
Sunday Rededication & Remembrance Service	No Charge	N/A
Sunday Lunch	\$20.00	92
Convention Pin	\$10.00	
Convention Raffle – 3 tickets for \$5.00	\$5.00	
TOTAL TO PAY		\$

<b>REGISTRATION &amp; PAY</b>	MENT OPTIONS	Registrations close Saturday 7 March	
EMAIL: Attach your scanned maysimm00@gmail.com	Registration Form v	with your Partner form a	ind email it to:
INTERNET BANKING:	Particulars:	Code:	Reference:
03 1733 000205 01	Registration	Your Club Name	Your Name
POST & CHEQUE: Make Ch Lions Club of Clyde & Dist D Simms - 4 Rapuke Street,	ricts - 202F Conver		h registration forms to:
An acknowledgement of rece ensure your email address is contact if no acknowledgmen	s printed clearly and i	keep a copy for your re	cords. Please make

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# FRUITS OF GOLD & POWER

202F DISTRICT CONVENTION 21 – 22 MARCH 2020 CLYDE, CENTRAL OTAGO



#### Partner Registration Form Only

Surname	First Name
Partner's Name	Partner's Club
Postal Address	
Mobile Number	Post Code
Email Address	Home Phone
Special Dietary Requirements	

REGISTRATION & FUNCTIONS	COST	TOTAL
Convention Registration: Partner (non-refundable) (Discounted to \$15 if paid by 14 February 2020)	\$25.00	
Saturday Business – AGM	No Charge	N/A
Saturday Morning Tea	\$6.00	85. 341
Saturday Partners Programme & Lunch	40.00	
Saturday Evening - Dinner & Dance Gold, Glitz & Glamour	\$50.00	
Sunday Rededication & Remembrance Service	No Charge	N/A
Sunday Lunch	\$20.00	
Convention Pin	\$10.00	
Convention Raffle – 3 tickets for \$5.00	\$5.00	
TOTAL TO PAY	10 10	\$

REGISTRATION & PAYMENT OPTIONS		Registrations close Saturday 7 March	
EMAIL: Attach your scanned maysimm00@gmail.com	Registration Form w	with your Partner's form	and email it to:
INTERNET BANKING: 03 1733 000205 01	Particulars: Registration	Code: Your Club Name	Reference: Your Name
POST & CHEQUE: Make Ch Lions Club of Clyde & Distr D Simms - 4 Rapuke Street,	ricts - 202F Conven		h registration forms to
An acknowledgement of rece ensure your email address is contact if no acknowledgmen	printed clearly and k	keep a copy for your rea	cords. Please make

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# Copy of Clyde\_Alex Accom.xlsx

NAME	ADDRESS	PHONE NO	CEL NO	EMAIL	www
ALEXANDRA					
Alex Park View Motel	12 Bantry Street, Alexandra	0800 448740		alparkview@callplus.net.nz	www.alparkviewmotel.co.nz
Alexandra Backpackers	10 Skird Street, Alexandra	03 448 7170	021 0581120	alexandrabackoackers@hotmail.com	
Alexandra Criterion Hotel	13 Tarbert St, Alexandra	03 448 7204			
Alexandra Garden Court Motel	51 Manuherikia Road, Alexandra	0800 736 116		alex.cardencourt@xtra.co.nz	www.alexeardencourtmotel.co.nz
Alexandra Heights	125 Centennial Ave, Alexandra	03 448 6366	0800 862 539	info@alexandraheights.co.nz	www.alexandraheights.co.nz
Alexandra Holiday Park	44 Manuherikia Rd, Alexandra	03 448 8297		info@ahp.nz	zn.ghe.www
Alexandra Motor Lodge Motel	85 Centennial Ave, Alexandra	03 448 7580	0800 929555	alexmotorlodge@xtra.co.nz	www.alexandramotorlodge.co.nz
Alexandra Tourist Park	31 Ngapara Street, Alexandra	03 448 8861		alex.touristpark@xtra.co.nz	www.alexandratouristpark.co.nz
Almond Court Motel	53 Killarney street, Alexandra	03 448 7667	0800 256 663	info@almondcourtmotel.co.nz	www.almondcourtmotel.co.nz
Asure Avenue Motel	117 Centennial Avenue, Alexandra	03 448 6919	0800 75 88 99	0800 75 88 99 avenue.motel@xtra.co.nz	www.avenue-motel.co.nz
Centennial Court Motor Inn	96 Centennial Avenue, Alexandra	03 448 6482	0800 802 909	bookings@centennialcourt.co.nz	www.centennialcourt.co.nz
Last Chance Lodge	319 Earnscleugh Road, Alexandra	03 449 3223			
Marj's Place	5 Theyers Street, Alexandra	03 448 7098		info@marjsplace.co.nz	www.marjsplace.co.nz
Mirabell Chalets	13 Airport Road, Alexandra	03 448 7571	027 247 9595	andv.familv@xtra.co.nz	www.mirabell.co.nz
Twobobs BnB	33 Marshall Road, Alexandra	03 449 3188	027 657 0479	twobobs@xtra.co.nz	www.twobobsBnB.co.nz
Weaver Estate	381 Alexandra-Clyde Rd, Alexandra 9391	3 448 6335		stav@weavenvines.co.nz	https://www.weaverwines.co.nz/
CLYDE					
Antique Lodge Motel	56 Sunderland Street, Clyde	03 449 2709	0800 992 266	stay@antiquelodgemotel.co.nz	http://www.antiquelodgemotel.co.nz
Clyde Backpackers-Hartley Arms	25 Sunderland Street, Clyde	03 449 2700	027 634 3864	info@hartleyarms.co.nz	www.hartleyarms.co.nz
Clyde Holiday and Sporting Complex	10 Whitby Street, Clyde	03 449 2713			www.clydeholidaypark.co.nz
Clyde Motel (Clyde Apartments)	116 Sunderland Street, Clyde	03 449 2845		clydeapartments@gmail.com	www.clydeapartments.co.nz
Olivers Central Otago Lodge and Stables	34 Sunderland Street, Clyde	03 449 2600	0800 131 070	enquiries@oliverscentralotago.co.nz	www.oliverscentralotago.co.nz
Dunstan House	29 Sunderland Street, Clyde	3 449 2295		info@dunstanhouse.co.nz	https://www.dunstanhouse.co.nz/
Clyde Holiday Home - sleeps 6-8	Within walking distance of venue	027 296 2773		Sue	
Plus Many Air BNB's					

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# Calling all Cake Decorators

Entries are invited from Lions Clubs of District 202F to enter a decorated cake auction, to be held at the District 202F Convention, 21 March 2019, in Clyde

Theme:

**GOLD, GLITZ & GLAMOUR** 

Base Size no larger than 9" (23cm) No more than 2 tiers

Cakes will be on display at the school during the day on Saturday to be judged by popular vote. At the evening function at Orchard Garden the cakes will be auctioned and Funds raised will go to The <u>Child Cancer Foundation</u> and <u>Chemo Crazies</u>.

Please make an effort to raise funds for your team to bid at auction for this most worthy cause!



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#### **MESSAGE FROM THE MD 202 TREASURER**

#### TAONGA FROM THE TREASURER

I have been requested to include a small article for your District bulletin, to which I readily agreed.

Firstly, a big thanks to all of you who attended the recent roadshow to your District. I hope you learnt something new and please keep those questions coming.

This article deals with LCI funds. Did you know that no dollars from your International dues actually go to the United States?

Yes - that is actually true.

LCI have a US\$ denominated bank account via Westpac for both LCI and LCIF, it is held in New Zealand. Not a single dollar from this goes to the US

A common question is what are the funds used for?

#### LCI (Dues)

This covers the cost of Governor and LCI roles such as those for the Global Service Team. Primarily, it is used for training and development of NZ Lions and ultimately you as members should benefit from this.

#### LCIE

These funds are used for LCI funded projects in New Zealand and can range from assistance to our Pacific neighbours to large donations to assist the Christchurch region earthquakes.

So, the next time someone tells you that your Lions dues and donations to LCIF do not go to the US, I assure you that's true.

HAVE A GREAT SOUTHLAND SPRING.













# Club LCIF Coordinators

#### District 202-F Club LCIF Coordinators,

Greetings from headquarters in Oak Brook, Illinois. First, I would like to thank each of you for serving as a Club LCIF Coordinator this year. As you may know, Lions Clubs International Foundation has served our Lions communities, both locally and globally, since 1968. And each of you may be familiar with *Campaign 100: Empowering Service*, the Foundation's current initiative to increase our service impact, fight diabetes, and expand our global causes.

Many of you have reached out to me to ask about the role of the Club LCIF Coordinator, and what types of tools are available to each of you that would support your work in promoting LCIF. In response, I have created brief presentations on the Foundation that can be shared with members in your club, covering topics such as:

- A general overview of LCIF
- Campaign 100
- The District and Club Community Impact Grant, which is available to clubs
- Types of club recognition

Types of individual recognition

Attached to this email is the first of such presentations, outlining the history of our Foundation and the support we have provided to the Lions of MD 202. Depending on the technical capabilities at your club meetings, you may use the attached PowerPoint presentation which contains speaking points in the notes section. For those without the ability to show the presentation, I have also attached a .pdf version of the presentation to this email.

Slide 8 of the presentation contains an optional video that highlights the work of the Foundation. Due to the size of the video, I am unable to attach to this email. However, should you choose to play the video, it can be downloaded at this link <u>https://www.lionsclubs.org/resources/96469176</u>. The video is also available to stream on YouTube at <u>https://youtu.be/KcbYh\_xuHPI</u>. Please let me know if you need any assistance downloading the video.

I hope you consider sharing the importance of our Foundation with members of your club. In the coming weeks I will be sending the second installment which provides an overview of Campaign 100. Until then, feel free to reach out to me with any questions you may have.

Jeff Arnett Regional Development Manager Lions Clubs International Foundation 300 W 22<sup>nd</sup> St, Oak Brook, IL 60523 630-468-6973



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# Wanaka & Districts

Guest Speaker at the November meeting was Ralph Fegan. Wanaka Airport Manager.

Ash organised a deer fence stripping project which went well with great views over Queenstown with a BBQ & refreshments to finish. We received a cheque for a \$1000.00 for our effort.

President I had the privilege to present our trophies & \$1500.00 cheques to MACS best all round girl: Ruth Bennie & best all round boy: Jesse Robertson.

There is a 4x4 tour in January 2020 at Hill End Station so all hands on deck to support this project.

We have approved a grant for up \$1500 to the new Primary School – Te Kura – For shade trees for the students outdoor learning environment, which will also include a plaque.

Intended that we will plant these shelter trees, once an appropriate site is con-firmed with the school administration.

Spud in the bucket entrant money of \$250 will be donated to the Lions Hart Walker fund.

# West Otago



# Tapanui Fire Brigade Rapid Response Vehicle

# Toi Tois

Kara Glover, Funding Manager, Southland Hospice spoke. They are very appreciative of the funding they receive from the Community. The Hospice not only accommodates cancer patients but those with Dementia & Alzheimer's President Colin presented cheques from **Baleage Competition** to: Otago/Southland Rescue Helicopter \$8,400 & Kapuka 1000 presented cheque for \$2000; Tokanui Bowling Club \$8,400; and \$3000 to Hospice Southland. Senior Citizens Night > Monday 16th,

Not sure in the picture

Both very happy, so that is great!!!!

(See you at the Senior citizens Night –Ed)

# Ranfurly Maniototo Pakeke

At this meeting it was discussed about the Ranfurly Pakeke Bowling Club Tournament money being spent next year on NEW OUTDOOR FURNITURE for the patients at the Chalet and Hospital . Kevin McCrorie spoke about grants will be needed for the new Maniototo Area School being built next year . VDG Sue presented our President Anne

Cotton with a special presentation from Lions International a pin for her work in successfully being a sponsor for two new Club members. Neville reported that the potato sales amounted to \$525.00. Stewart reported that 39 Bags aboard the shed & sales for the month were \$932.00 Well done !!!





Some have been tailing, Heriot Playgroup celebrations and Peace poster competition.

The Fire Brigade have purchased their 4WD Ute (Rapid Response) with help from Lions and is currently away getting outfitted.

Coming up this month is the West Otago Show which involves the Lions on the entry gates and car parking. On Saturday the 2 November the Lions Club were called on to run the Chocolate wheel at the Heriot Playcentre Gala Day. A Lolly Scramble towards the end of the day probably topped up the sugar rush long into the evening. A dozen or so West Otago Lions attended the screening of Ride like a girl on Tuesday 29th October. After much fundraising the Lions were proud to present the West Otago Swimming Pool Committee with a cheque for \$33226. Our fundraising efforts were topped up by \$14000 from the Lloyd Morgan Trust

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# **O**waka



In the latest Bulletin the editor had included some images of the Catlin's landscape to support our clubs bid to host the Lions Convention in 2022. Our guests will be treated to a great Convention and some spectacular scenery. Sharing a couple of the photos (ED)



Matters arising> Motion from directors, to support the swimming pool committee with any upgrades of the swimming pool.

Slink Skins. \$7983.50 collected with donated lambs. Dialysis Caravan> At Mosgiel for Auckland client. Social- Progressive dinner in December. Golf Tournament in January, Lion John would like your sponsorship donations in before the December meeting. Children's Xmas party. Raewyn has it organised, it will be a good afternoon at the yacht Club. At the Heathfield Cemetery, we were welcomed by descendants of the early settlers. The Owaka Lions were thanked for the work they done on clearing the broom.



# **Congratulations 202E on the New Leo Club.**

# Cromwell Lions

O n December 1st 35 Lions to assisted at the Cromwell Races, Our Christmas breakup is at The Gate on Sunday, December 8th, We have been out and about in our community with the Cromwell School Fair by suppling our amenities and services for their catering needs also Tomus for the young and not so young at hearts for rides around the grounds and trees (most trees anyway, thanks John for the repairs).

The ½ marathon went well and a big thankyou to all our marshals and catering crews, as I write this the Hoedown is due to commence and I'm sure our eager volunteers will be toe tapping and feet stopping in the caravan while waiting for the masses to queue up for the hot food. The latest on the lion's garden at Old Cromwell is that we are waiting for a local contractor with a digger and large truck to dig out the flaxes and dispose of these plants.

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# Invercargill Host



The Magic show on was on Sunday, 24 November 201 at 4pm and 7 pm. Club held a mystery envelope at our Club Meeting on Tuesday 19 November. Proceeds from this silent auction will be going to Hurricane

Dorian. Throughout the year, Southland Girls High Leo's have joined the Invercargill Host Lions Club in their window cleaning at Hospice Southland. Thanks must also go to Environment Southland who's enabled us to organise a tree planting along the Waihopai River. It was great to see so many girls wanting to get involved in both of these events.

# Wyndham Pioneer

# Magic Show

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- Started in 1988
- 32 years of Invercargill Host Lions Club Hosting the Magic Show this year
- Magic Show tours throughout Australasia each year
- Our 31 years of completed Magic Show had raised over half a million NZ dollars donations
- Numerous and many Southland-wide charities have benefited from our annual Magic Shows.
- Our Magic Shows with International world-ranked Magicians, are free to all attendees.
- \$50 per seat cost is donated by Southland-wide Businesses





Welcome to our 2 new members Justine & Margie who were inducted by Zone Chairman Brian at our last meeting,

What a busy 2 months we have all had. Thank you for the great effort you have all put into helping with Tulip Day, the 90<sup>th</sup> birthday, Pet day, and the 2 trotting meetings. I have just seen the recent figures of hours worked and people served, it is truly amazing what our small club achieve.





We again had a project over the winter months of Knitting Blankets for the Neo Natel Unit at Southland Hospital ,so at our last meeting we had a speaker From the Neo Natel Unit come & speak to us & we Donated 60 baby blankets.12 hats & some little Booties That our members had knitted a great effort.





ALEXANDRA LIONS CLUB 4WD SAFARI

"BEYOND THE LOCKED GATES"



Saturday 4th January 2020

Plan: - Alexandra to Roxburgh Hydro, via the Knobby Range.

Registration for this event is essential before 30/12/2019, as vehicle numbers will be limited.

We will also take a register of people who would like to go on this tour but have no access to a 4WD vehicle. We will then endeavour to place you in a spare seat in one of the vehicles.

Note: All vehicles must be in a sound roadworthy condition and drivers hold a current drivers licence. \* This tour is NOT suitable for 4WD cars.

Departure will be from the Ice in Line car park in Alexandra. All participants will need to assemble and sign a disclaimer before departure at 10.30am.

> Costs: Driver \$20.00 Passengers \$40.00 Children u/15 \$20.00 Children u/5 FREE Minimum cost per vehicle \$100.00

All funds raised by this event will be donated to the "Otago Rescue Helicopter Trust"

For Registration forms, please contact

Barry McCall 027 441 5902 bazandlyn@snap.net.nz r.r.marshall@xtra.co.nz connelly@xtra.co.nz

Roger Marshall 027 438 4348

Neil Connelly 027 368 3649

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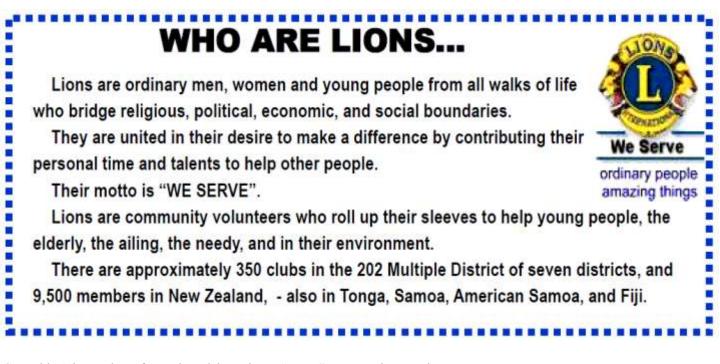


#### ALEXANDRA LIONS CLUB "BEYOND THE LOCKED GATES" 4WD REGISTRATION FOR JANUARY 4TH 2020

All funds raised by this event will be donated to the Otago Rescue Helicopter Trust Registrations must be in before 30 December 2019

Driver Name		Phone Number
E-mail		
<u>Vehicle details</u> Make / Model		
Registration nur	mber	
Passenger name	es	
(Include childre	n)	
Please indicate i	if you are willin	ig to take extra passengers – How many?
Prices		
Driver	\$20.00	
Passenger/s	\$40.00	
Children u/15	\$20.00	
Children u/5	Free	
	Total	Note: Min \$100.00 per vehicle
		Disclaimer
organiser will ac or personal inju	cept any resp ries suffered. P	afari is at your own risk. Neither the land owner nor the onsibility or liability for damages to vehicles, other property Passengers travel at their own risk. It is the driver's assengers of the above disclaimer.
Signature		Date
Note: Bring your	own lunch an	Date d extra warm clothing. All vehicles must carry a minimum of
2 people.		
As there is a veh	nicle limit on th	is trip early registration is essential. First in, First served.
Please post with	payment by 3	0 December 2019 to:-
B. McCall		Cash 🗌
4 Gye St		Cheque
Clyde 9330		Online 02-0916-0022592-010
Mobile 0274 415	902	
Online payment	s please inclu	de <u>Surname and 4WD</u> as reference.

# **R**iversdale



Constable Adam Roberts from Riversdale spoke on "Drugs" at November meeting. The Riversdale Cemetery fence was done on Friday, 8 November, as a club working bee by six members. Is looking great!! BAKING FOR CAMP QUALITY REQUIRED FOR JANUARY:

An ice-cream container of biscuits for children attending this camp who have cancer. If you are able to help, please deliver to our

Secretary Viv Caughey before Christmas - to be delivered before 4 January!!

# Roxburgh & Districts

Did catering for Heriot Playgroup 50th Centennial was very successful. Also catered at Guy Fawkes. Catered for Film crew at the St Johns event we provided refreshments at racecourse and next day Roxburgh Dam after the group had canoed down the lake. Bakehouse opening- we helped with vintage cars and provided Marquee and tables. Rest Home- it was proposed we support the fundraising in 2021, Directors are in favor of this.

# Ohai Nightcaps



Left Lion Peter Templer receiving his 40 year Membership Chevron. Lion Jocelyn Sinclair reading the letter from Lions Clubs International.

# Sunday 15<sup>th</sup> December, 2.00p.m. Nightcaps Town Hall

This year's Christmas concert is being promoted as a Community Concert, not just a Seniors Concert. Entry will be a gold coin donation, seniors will be free.

Entertainers will be:

Conrad Waihape (Country) Brian Kennard Margaret (Yodeler) Jock Bourne (Blues) A Year In Review Quiz

An item from the local Cubs

MC Graham McCauley (Jerry Schuurmans as back up)

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# OHAI NIGHCAPS COMMUNITY HEALTH DAY REPORT:

Fifty Two residents of and visitors to Ohai, Nightcaps and Districts recently had their general health checked at the Takitimu Community Health Day, held at the Nightcaps Town Hall on Wednesday 6<sup>th</sup> November, 2019.

The event was organised by the Ohai / Nightcaps Lions Club in association with the Nightcaps Medical Trust, Ohai Volunteer Fire Brigade and the Southern Institute of Technology School of Nursing. The event was a great success with everyone that attended either agreeing or strongly agreeing that the day was useful, informative and important.

The 52 people that attended the event had their Blood Pressure, Blood Sugar, Peak Expiratory Flow, Vision, Hearing, Heart Rate, Blood Oxygen and Cholesterol tested, all for the cost of a gold coin entry fee which included a fantastic and healthy country style lunch.

Overall the test results indicated that those tested were generally very healthy, although a few members of the public were advised to follow up the event with a visit to their own doctor with concerns about higher than normal blood pressure readings. Similarly, several people were recommended to follow up for noise induced hearing loss as a result of Hearing Checks performed by Audiology South, Winton.

Mary McMillan, Nurse Educator at the School of Nursing, Southern Institute of Technology, congratulated the Ohai / Nightcaps Lions Club for organizing the event and praised the community for supporting the day and being aware of the importance of regular health checks.

There were also over 20 Support Groups that attended the day, taking the opportunity to meet with the local community and promote their services and products. They all really enjoyed the event and the chance to network with the local residents. All those that attended indicated that they would attend another event in the future.

THANK YOU to all the Lions Club members that turned up on the day, it was good to see such a great turnout of members helping. *The following points were raised at the Debrief held at the last Directors meeting.* 

3.00 pm means 3.00 pm, no one should be turned away prior to 3.00 pm, however it should be made clear that the last time for the Health Checks should be stipulated, say 2.30 pm.

52 people being checked was just about the right number.

6 voted to hold the event every two year, 3 voted for every 3 years, 2 was the unanimous decision. Try a Winter date next time and Summer the following time. April could be a good time of the year but would need to be able to work in with SIT. More awareness of how a Defribulator works and maybe the Fire Brigade could have CPR "Have A Go" sessions.

There was no publicity outside the hall on the day, Medical Trust are looking at getting a teardrop banner, will wait for a request from them if they want to go half shares in it, bearing in mind that we have our own banner on order.

#### Bill Mather, Project Convener.



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# Invercargill Host Article

#### **Invercargill Leo the Lion Report**



Adventures Leo Lions since March report, two boxes have had patches sewn on them and just about all have been on adventures apart from 5 who are just about to be put in Ambulances.

We have had a noticeable increase in kids being sick over the last few months. But saying that this flu has affected a lot of adults in the same way.

**Medical - 60 cases**. Ages range from 4 months to 14 years. (Cases were breathing issues, flu like symptoms, seizures, Allergic reaction, Febrile seizures, rashes and chest infections)

**Trauma - 36 cases.** Ages 3 years to 12 years. (Bruising from falls, Lacerations including a high being split open, fractures – Open and closed, Crush injury- Trapped by heavy object, Sports injuries – ankles and hockey sticks injury)

Siblings – 4 (Parent sick child received one, Child respiratory arrest - (other children upset Lion given for comfort)

The best story this month was a 10 year who wanted to know every little detail of his injury, what the crew and hospital were going to do for treatment, did it involve needles or surgery. But when Leo the Lion was offered to him he just wanted to cuddle it. Crew said it was like **Magic.** 

Thank you for your support, its much appreciated.

Picture of Patching on their rumps.



Thank you Invercargill Host for this article

Your Service Drives Our Success

# **DG'S TEAM CLUB VISITS**

#### **DG Dave Saunders Club visits**

Te Anau Kepler Te Anau Waikiwi Toi Tois Mossburn Northern Southland 12 December12 December3 December16 DecemberPostponed



DG Dave and Ann showing off the LCIF "UV" Sun glasses.

#### Vice President Sue Fleury Club visits

All finished for this year



Introducing VDG Sue and Allan Fleury

#### 2nd Vice District Governor Pam Fiveash

**Cromwell Golden Age** 

4th December



Introducing 2nd VDG Pam Fiveash

Well Done Team & we all enjoyed visiting the clubs. Thank you for your Hospitality.



# Otautau



President is presenting and accepting flag with DG Dave



Member taken part at the Fire Brigade games challenge

Bulletins/ Articles- Received from Jul	<b>y 1st 2019till 30th June 2020</b> 21
Zone 1	
	Riversdale
Cromwell Golden Age මමමමම	The nice thing about Teamwork - is that you
Cromwell Lake Dunstan Co Co	always have others on your side.
Queenstown	
Wakatipu මමම Wanaka & Districts මමමමම	
Wanaka Upper Clutha@@@@@	
Wanaka Leos	
Zone 2	
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Alexandra Dunstan 🕲 🕲 🕲 🕲	
Clyde & Districts @@@@@	
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Lawrence ☺☆☺ ☺☆	
Roxburgh & District ©©©©	
West Otago ©©©©© Balclutha	
Zone 4	
Balfour 00000	
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Mossburn Nth Southland	
Riversdale OOOOO	
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Gore Host	The art of being wise
Gore Pakeke @@@@@	is the art of knowing
Gore River Valley ©©©©	what to overlook.
Mataura	•
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Wyndham 😊	
Wyndham Pioneer 🕲 🕲 🕲 🕲	•
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Ohai Nightcaps 🕲 🛠 🕲 🕲 🕲	
Riverton ©©©©©	
Tuatapere & Districts 🕲	The average
Winton 🔆 ©©©©© Winton Control Southland ©©©©	cumulus cloud
Winton Central Southland මාමම James Hargest College Leos ම	
Zone 7	weighs roughly
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Invercargill Host 🕲 🕲 🕲 🛠	<b>1.1 million pounds</b>
Stewart Island 🕲 🕲	
Waihopai City 🕲 🛱 🕲 🛠	
Waikiwi ©©©©	l è
Southland Girls High Leos 🕲 🕲	<b>↓</b>
☆ = Article	<b>♦</b>
Sulletin received	♦
	**************************************

