

From: District <202D.DG@lionsclubs.org.nz>
Sent: Thursday, 2 October 2025 12:45 PM
To: 202d.secretary@lionsclubs.org.nz
Subject: October 2025 Contact



202D CONTACT

October 2025

Editorial Comment...

I was recently forwarded a reference to a remarkable publication by IAVE (the International Association for Volunteer Effort) from fellow Lion, Ron Rowe—and what an inspiring read it turned out to be! If you ever get a chance to explore their website, I highly recommend it. It's filled with insight, passion, and a global perspective on the impact of volunteering.

As stated on their homepage: "An estimated 1 billion people worldwide volunteer each year to make a better life for all of us. Volunteers are the world's advocates, activists, and change makers. We believe that volunteer leaders—individuals and organisations—are critical to valuing, supporting, and developing volunteering at national and regional levels."

IAVE's **vision** is:

"A world where volunteering is recognised and supported as vital to creating a fair, peaceful, sustainable, and compassionate world."

Their **mission** is:

"IAVE creates a more just and sustainable world by enabling the leaders, organisations, and environments that empower volunteers."

As Lions, we are proud members of a global community of volunteers. We serve not for recognition, but because we believe in making a difference. IAVE's words are a strong reminder that the work we do—whether big or small—contributes to a broader global movement of compassion and action.

Let's continue to lead by example in our communities. Celebrate the good you do. Inspire others to serve. The world needs volunteers now more than ever—and as Lions, we are already answering that call.

Kind regards,
Megan England
Editor

STOP THE PRESS...

Happening this Saturday in Whanganui

Let's Grow Your Club's Impact!

Come and join us for an interactive workshop to enhance your community presence.



Where and When

- **Date:** Saturday, 4th October **Time:** 10:00 am – 2:00 pm
- **Venue:** Christ Church Hall, 243 Wicksteed Street, Whanganui

What We'll Cover

- **Finding New Lions:**
 - A different look at the membership challenge
 - How to identify ideas that fit your club?
 - How do we attract younger people?



- **Keeping our members:**
 - What are your members thinking?
 - How to keep members engaged and active?
 - What makes a good meeting?
 - What projects spin your wheels?

- **Portal Update:**
 - Get the latest on what's coming soon.
 - Receive hands-on support navigating the platform.
- **Support our own Lion Hamish Price:**
 - His presentation will complete his FDI qualification



RSVP is Essential! Please secure your spot by emailing: 202d.glt@lionsclubs.org.nz.

We look forward to seeing you there!

District Governor Mike



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Hello Fellow Lions

Lions Cancer screening bus is making a whistle stop through our District soon. This is really exciting. Booking systems and schedules etc have yet to be finalised long term, but this is a quick opportunity for some clubs to update knowledge, and have a good look through this Lions initiative. Congratulations to all also for the fantastic support and funding to secure a build spot for our second vehicle later in the year. These new cancer screening buses really will make a difference to the lives of so many Kiwi families, we should all feel very proud Lions.




Still on the Health Initiatives news, Stratford Club hosted a handover to the Taranaki HealthTrust, almost \$30,000 of fresh funding, for fitout of the new Cancer wing of the Taranaki Base Hospital. At almost the same time a purchase order was formalised for the supply of 5 Diabetes Detection Devices for use in the Wanganui and Palmerston North ante natal units. Original value of approx \$5,000 each. This funding started as a special grant of US \$10,000 Immediate Past District Governor Denis won at last years International Conference. This grew quickly as our clubs came on board with additional funding top ups meaning we were able to stretch the budget as far as possible. A great effort and thanks so much IPDG Denis and all involved.

Ruapehu Lions Club held a 60th Anniversary at National Park on the 20th Sept. It was an absolute delight to be able to attend and thanks very much and congratulations to President Katheryn and members for a milestone achievement, and a great night. Ruapehu was chartered by the Whanganui Club and the ceremony was originally officiated by no other than Lloyd Morgan.

Now that the weather is improving many clubs will be busy with all manner of projects and activities, and thanks again to all clubs for your community efforts over the Winter.

Yours in Lionism
Mike202D DG 2025/2026

Meet the DG Team

			
Email	202d.dg@lionsclubs.org.nz	202d.vdg@lionsclubs.org.nz	202d.2vdg@lionsclubs.org.nz
Club	Bell Block & Districts	PN Middle Districts	Kairanga
Phone	027 4769355	029 2014836	021 08196141

District Governor Mike Powell, along with 1st Vice District Governor Chris Pepper and 2nd Vice District Governor Graham Robinson, are excited to share how they'll be working together as a team this year to connect with every club across our district.

Traditionally, a DG visit has meant attending a club meeting to share the International President's theme and message, outline the District Governor's goals, and give you the chance to get to know your leadership team a little better. This important tradition will absolutely continue – but Mike, Chris, and Graham are also keen to bring a fresh approach to club visits.

Here's what you can expect:

- A shared workload of visits – with Mike covering around 50%, Chris 25%, and Graham 25%.
- Flexibility in how visits happen – while a formal meeting is always welcome, our DG team would love to also join you at service projects, community events, or celebrations, to roll up their sleeves and celebrate your club's impact right where it happens.
- A focus on YOUR CLUB – every visit will shine a spotlight on the incredible work your club is doing in your community, recognising the difference you make and sharing that pride across our district.

DG Mike and the team believe that district leadership should be visible, approachable, and supportive – and most importantly, that club visits should be about celebrating Lions and strengthening connections.





New Members



Helping people doesn't just do good—it feels good.

And serving alongside others who want to make a difference in the world feels even better.

When selfless, like-minded people gather together, beautiful things happen.

From facilitating health screenings and feeding the hungry to cleaning up local parks and helping rebuild communities after disaster, Lions are ready and willing to jump in wherever there's a need.

Congratulations to the clubs and sponsors and a warm welcome to the newest members of our Lions family.

Rachael Cottam (NP Central)
(Sponsor Roger Malthus)

John de Roles (Wanganui)
(Sponsor Terry Carmody)

Sarah Hayman (Stratford Broadway Club Branch)
(Sponsor Emily England)

Paul Kuriger (Kaponga)
(Sponsor Dean Kane)

Nic Mc Carthy (Kaponga)
(Sponsor Dean Kane)



Around the District – who's doing what?



On Friday 12th September Lions from across the north of the District gathered at the Church Hall in Stratford to celebrate the Lions Clubs International Foundation (LCIF) Grant handover for Taranaki Base Hospital. What an evening it was!

This was kicked off when then DG Denis received a surprise draw of \$10,000 US at the International Convention in Melbourne last year. Thanks to the generosity of clubs in the region an incredible \$29,400 was able to be presented to the Taranaki Health Foundation CEO Grant Carter.

This generous donation has helped to fund:

- A Whānau Room in the new Emergency Department
- A Children's Area in the ED
- 10 specialised chemo IV stands for the new Cancer Centre

(These items fall outside of government funding, so Lions stepped up!)

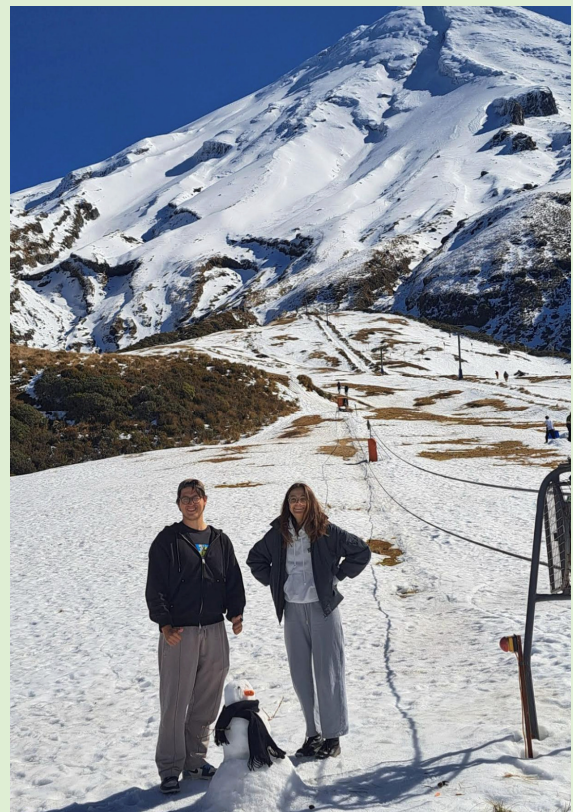
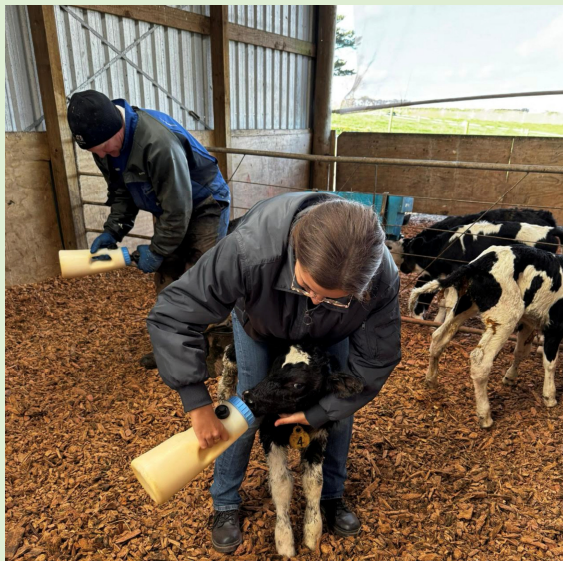
PDG Denis Hurcomb opened and closed the night (which had the majority of the clubs represented), with heartfelt words of thanks. District Governor Mike Powell also spoke, reminding us of the power of Lions coming together, locally and worldwide, and how this project shows what "friends through service" can achieve. Grant Carter also shared his gratitude and outlined exciting plans ahead for the Taranaki area.

Well done Lions!



A huge thank you to those families around the District who help with hosting our exchange students.

If you would like to host please make contact with Stephanie Jordan for details on how to become involved.



“We recently hosted two delightful young people from Italy through the Lions Youth Exchange programme, and found it to be a really worthwhile and enjoyable experience. The visit was a great opportunity to share our culture and surroundings with Filippo and Ambra while also learning a little about their Italian way of life. It was also interesting to see our environment, which we often take for granted, through the eyes of someone else.

These students are potential young leaders and the exchange helps open their eyes to new ideas and opportunities available globally. They embraced the chance to explore our beautiful country and engage in activities they may have not experienced before.

This cultural exchange not only deepens mutual understanding and friendship but also inspired these potential young leaders to envision new possibilities for their futures.









We definitely recommend this programme to anyone wanting to connect with young people from around the world and have a great time doing it.”

Jill & Stephen Fowler, Hawera



Congratulations to this team from **Opunake Lions** who can claim bragging rights (again) after winning the **Eltham Lions Club** Blue September Quiz recently. Eleven clubs from around the north of the district were represented. A fun night for a great cause.



	<p>Fairy Blush (70 available)</p> <p>Camellia has tight bright pink buds that open to miniature, single, apple-blossom pink buds, which are lightly fragrant. This would suit a small courtyard or patio area. Flowers for a long period. Happiest in semi-shade with acid soil. Evergreen. 1.5m x 1.50</p>
	<p>Margaret Davies (29 available)</p> <p>A very showy Camellia with striking peony type blooms. The creamy white petals are all edged lightly in rose pink. Quite outstanding in full bloom from mid winter through to mid spring. Good strong grower. Happiest in part shade. 2.5m x 2m</p>
	<p>Paradise Peel (83 Available)</p> <p>Flowers in absolute profusion over a long period. The blooms are quite large, semi-double and open white from pink buds. Upright compact growth habit. A terrific hedge plant or garden specimen. Happiest in morning sun or semi-shade. Evergreen. 3m x 2m</p>
	<p>Nuccio's Pink Lace (84 Available)</p> <p>Upright evergreen of medium growth. Flowers medium to large semi-double, anemone or peony form, bluish pink. Central cluster of stamens mixed with petaloids sometimes becomes a full rosette. A slight scent can be detected by some people. Height 3m.</p>
	<p>Gwenneth Morey (80 Available)</p> <p>Camellia of double white fading to a creamy yellow centre. Compact, bushy, upright, evergreen shrub, valued for luxuriant rich green foliage and anemone-form. Prefers sheltered site, sunny or shade, and any well drained neutral/acid soil. 3m x 2 m</p>
	<p>Early Pearty (23 Available)</p> <p>Camellia that flowers from early autumn through to early winter. The blooms are double white, with just a hint of bluish pink on the outer edges. Upright vigorous habit. Happiest in semi-shade/winter. 2m x 1.5 m</p>
	<p>Camellia Setsugekka (56 available)</p> <p>is one of the most popular camellias for hedging or specimen planting, with an abundance of large white flowers appearing from early autumn to early low maintenance. Grows 2.5m x 2m</p>
	<p>Camellia Yuletide (149 available)</p> <p>Camellia just smothered itself in bright red single flowers from winter through to spring. The flowers are offset with prominent gold stamens. Slow growing with a compact habit. Ideal for containers, hedging or brightening up a dull corner of the garden. 2x2.5</p>

Fundraiser

Toko & Districts Lions Club still have a supply of Camellia plants available (please ignore the number after each name).

Eight beautiful Camellia varieties available at the very reasonable price of \$10 each.

All proceeds from these plants are used to support the local community.

These plants are available in Stratford for collection.

Call Albert on 0274582967 or email tokoanddistrictslions@gmail.com for more information.



Fitzherbert Lions 50th Anniversary

Fitzherbert Lions proudly celebrated their 50th Anniversary with a wonderful dinner that brought together current members, a large number of past members, and supporters from the wider community. The evening was filled with fellowship, laughter, and plenty of stories shared from across the club's five decades of service. It was a special opportunity to reflect on the club's beginnings, acknowledge the contribution of so many who have been part of the journey, and look ahead to the future.

The celebrations continued the following day with the official unveiling of two park benches generously donated by the club to Linklater Reserve. This lasting gift to the community not only commemorates the milestone of 50 years but also represents the Lions' ongoing commitment to serving and supporting the people of Palmerston North.



Fitzherbert Lions Club President Slim Price along with Zone 2 Chair and son, Hamish Price .



The official cutting of the cake

CONGRATULATIONS to the Lions Club of Ruapehu celebrating 60 years of service within their community.



New Plymouth Central Lions Club at a work session at New Plymouth's very special Founders Plantation in the Waimea Stream Reserve to place mulch around the recently planted native trees. Also a quick tidy up on the mound behind the plaques.

This project was created in 1991 to recognize 150 years since the establishment of the settlement of New Plymouth.

Our team are supporting the community and NPDC by maintaining the almost 2000 Kauri, Totara and Kahikatea trees established in 1991.

New plantings are carried out to enhance the area and support conservation.



PN Papaioea Rose City Lions are visible and active in their community supporting worthwhile causes.



Let's Celebrate!



Palmerston North Heartland Lions celebrated a combined 220 years of service from these five remarkable women.

Pictured from L -R:

Kandi Humphries (45 yrs),
Marion Wilson (45 yrs), Pat
Bowers (45yrs), President
Anne Russell, Christine
Woodhouse (45 yrs), Jan
Kent (40
yrs)



Colyton/Bunnythorpe Doing it for the kids!



And the catch-up afterwards!!



Clearview Park Lions once again supported the annual 'Active Games' where residents from rest homes across the Manawatu come together for a super fun day filled with games like ring toss and corn in the hole.

Many clubs have been hosting their annual Junior Speech competitions around the district. A reminder to get your entries in for the Year 7 & 8 Competition to be held in Hawera, Nov 2nd. Entry forms in Youth Handbooks.





LCIF

Become a Presidential Supporter Today

As your District LCIF Coordinator, I would like to invite all Lions and friends of Lions to consider making a personal contribution to *our Foundation* through the **Presidential LCIF Supporter program**.

This special recognition program is designed to celebrate the generosity of individuals who choose to support LCIF with their own donation. Every contribution makes a difference, and every supporter is recognized for their commitment.

There are three levels of recognition, each with its own exclusive pin: (in New Zealand Dollar)

- **Bronze – \$75.00**
- **Silver – \$150.00**
- **Gold – \$300.00**

Your contribution is credited towards your individual LCIF account, and **Melvin Jones Fellowship (MJF) credits** are earned based on the one-time donation you provide.

By becoming a Presidential LCIF Supporter, you are not only recognized for your generosity, you are also helping LCIF continue its vital work across the world, bringing hope and support to those in need.

This is a simple yet powerful way to show your personal commitment to Lions' global service. I encourage each of you to step forward, select your level of support, and wear your pin with pride – knowing you have played a part in changing lives.

Together, we can make a lasting difference. Will you join me in supporting LCIF today?

Contact me for more detail 202d.lcif@lionsclubs.org.nz

In Friendship and Service
Tobi

Changing lives since 1968



APPLICATIONS NOW OPEN

**Do you know anyone who might
enjoy being part of the NZ Lions
International Youth Camp?**

Hosted by District 202L

More information and to register please
email

202l.intyouthcampdir@lionsclubs.org.nz
or Phone Camp Director Tina
027 575 8564



202D Junior Speech Maker Competition

for students in Years 7 & 8

Hawera Community Centre

Sunday 2nd November

Entries to Youth Chair Stephanie Jordan by 25 October

Plan Ahead for Weeks of Service

Mental Health & Well Being: Oct 4 -12 2025

Text taken from International Association for Volunteer Effort - full publication available [here](#)

“Multiple sources confirm that global well-being has experienced a decline in recent years, despite some measures showing improvement. The COVID-19 pandemic severely reversed a decade of progress in global health metrics, triggering a rise in mental health issues, social isolation, and financial strain. While happiness levels have some what rebounded since 2020, they remain lower

than pre-2011 figures. This decline is also unevenly distributed, but key drivers of this downturn include persistent global political instability, economic pressures, environmental crises, and a rise in noncommunicable diseases. The New York Times recently reported on the skyrocketing rates of loneliness, citing the finding that 25 percent of Americans are lonelier today than they were before the pandemic, as well as the decision by the World Health Organization to make loneliness an official global public health concern. Studies have correlated feelings of loneliness with an increased risk of depression, and loneliness has been linked with cardio vascular disease and other illnesses. Research has also shown that loneliness, social isolation, and living alone increase the risk of premature death at a rate similar to cigarette smoking or obesity.

However, this same article also referred to **volunteering as ‘an overlooked cure’, noting its role in bolstering social connections and adding to the safety net that helps people feel cared for.** In delivering services and solutions to problems, they also provide a sense of optimism and hope and create a visible pathway for others to engage.”

The publication brings together six summaries from seminars held at the recent World Volunteer Conference...

“The first seminar highlighted how **volunteers are creating healthier, more connected communities** by combating isolation, fostering intergenerational support in rural areas, and offering compassionate listening to society’s most vulnerable. The second seminar showcased volunteer-driven initiatives tackling **key issues such as social isolation, suicide prevention, and the complex realities of ageing populations.**

Together, these case studies illustrate **how volunteer action is advancing community well-being, resilience, and inclusion around the world.**”



MENTAL HEALTH MATTERS

A healthy mind is as important
as a healthy body.

Let's break the stigma, support one
another, and build a world where
kindness and compassion heal.

Together, we can:

- ✓ Promote awareness ✓ Offer support
- ✓ Encourage self-care ✓ Create safe spaces

Let's join hands as Lions to spread hope,
strength, and positivity for better mental
well-being everywhere.

*Because when the mind is healthy, the heart is
strong, and the world becomes brighter.*



Get ready for our global Weeks of Service

This year, join the worldwide community of Lions and Leos as we unite to support our [Weeks of Service](#) so we can make a local and global impact through our service.

- **Mental health & well-being (October 4-12, 2025):** Promote resilience, support mental wellness and break the stigma.
- **Hunger (January 3-11, 2026):** Fight food insecurity and nourish hope.
- **The environment (April 18-26, 2026):** Protect our planet to ensure future generations can flourish.

A new Lion year comes with new opportunities to lead and serve! Visit our [Service Journey webpage](#) to learn more about our global causes and find service toolkits, project planners and additional resources for your club's journey.



Do you have an event planned for Lap the Map?



DIABETES ...

NZ

NOVEMBER



International Diabetes Day: Friday 14th November 2025

DID YOU KNOW? 348,500* New Zealanders have Diabetes
100,000* New Zealanders are Pre-Diabetic.
*Figures above from Diabetes NZ Website

WHAT CAN WE DO?

Any sort of project is great. The idea is that in November club(s) highlight in your way what Lions does for one of its global causes. They can be anything from

- **Fundraising** for diabetes via a sausage sizzle or activity
- **Share**/make a special mention of any funding application you supported relating to diabetes
- Having 'The Glob' at one of your **events** which offers public testing for blood sugar content and sharing on social media (your FB pages or local newsletters)
- Invite a **speaker** on this topic, i.e. Manawatu Horowhenua Tararua Diabetes Trust, i.e. admin@diabetestrust.org.nz +64 6 357 5992
- Lions Clubs of New Zealand are encouraging members and clubs to be part of '**LAP THE MAP**', where members and clubs record your kms/hours during November and have an informal challenge amongst yourselves or vs. other clubs. **Please share total kms with your District GST coordinators** so they can gather up their district total kms as these go towards a NZ total.

Remember: Diabetes is a core project activity, and you can register your hours on the Lions Portal. Your Club Your Way.

Yours in lionism

Graham Robinson
Global Services Team Coordinator (2025/26)
202d.gst@lionsclubs.org.nz
021 08196141



Emerging Lions Leadership Institute

Calling Future Lions Leaders!

Are you ready to take the next step in 2026?

This is YOUR chance to prepare for future roles, including Club President



- ✦ Build your confidence
- ✦ Learn new leadership skills
- ✦ Connect with fellow Lions from across NZ



The Emerging Lions Leadership Institute (ELLI) is designed to help Lions members build the skills and confidence to step into leadership roles at the club level.

If you're ready to grow, learn, and connect with fellow Lions, this is the opportunity for you!

Location	Redwood Hotel, 340 Main North Road, Christchurch
Dates	16-18 January 2026
Deadline	10 th November 2025 (or earlier if 30 places filled)
Apply	202.glt@lionsclubs.org.nz

(Above copied from J-Times Sept Bulletin)

This is a great opportunity for incoming or aspiring Club presidents. For more information please contact our District GLT Coordinator, Stephen Barr 202d.glt@lionsclubs.org.nz



SAVE
The
DATE
—
2026



Lions Clubs District 202D
Present:
Young Speechmakers Competition
Open to 16-21 year olds

ZONE 1-3
Palmerston North
11/06/2026
Venue TBC

ZONE 4-6
Inglewood
28/05/2026
Venue TBC


Info Packs Available 01/02/2026 from:
District Youth Chair Stephanie Jordan



Be part of
the **new**
generation
of volunteers.



We're growing
our numbers
to grow our
IMPACT



Our community
needs you.
JOIN NOW

Multiple District Vacancy: The Council of Governors invites applications from Lions for the role of Global membership Team Coordinator (202 GMT). This role works closely with other members of the Global Action Team (GAT) to support district leaders around our Multiple District. For more information contact GAT Area Lead Stephen Barr 202.gal@lionsclubs.org.nz
Applications to council.secretary@lionsclubs.org.nz, to be received by 5pm 31 October.

A little light relief...



From Normanby & Districts bulletin



Women know. They just know. Even if they didn't know, they would know. Men might not get this, but women will, because they know.

After 10 years a wife started to think their child looks kin-da strange. There was no red hair on either side of the family and there was no evidence of those annoying traits of her husband's family.

She did a DNA test and found out the child was not theirs. She plucked up courage to tell her husband what she had found out.

His reply - "You don't remember do you? When we were leaving the hospital the baby pooped and you told me go and change him so I went inside got a clean one and left the dirty one there."

(An oldie but a goodie copied from Papaioea Rose City Club bulletin)



A reminder to 'like' and follow the 202D Facebook page. <https://www.facebook.com/lionsdistrict202d>

A reminder that this monthly CONTACT bulletin is yours, the districts, and it will only ever be as good as the content I am given to share. **Please share your club bulletins and celebrations, photos, new members, stories with me so I can help spread the great things happening in each of your clubs with others around the district.**



Lions Clubs 202D
2025-2026
202d.editor@lionsclubs.org.nz

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