InforM

December 2021

Vol 15 No 6

From the Editor's Desk Page 4

District Governor Team 2nd VDG Carol's Chat Page 2 President Alexander Page 4 Membership Page 3

District Events / Dates for our Diary

District Calendar (updated)

Global Action Team

Membership

Welcome to our newest Lions Page 4

Leadership

Services

Environment – Trevor Anders Child Cancer Update - Beth Anders Vision - Jennie Vowles

Round the Clubs Wairoa Lighthouse Wellington Host Karori Carterton Central] and all the clubs in Carterton 1 Zone 4

Hunger— Projects clubs may do to help alleviate in their

Communities

See Page 19

Membership — Ideas to develop plans for membership satisfaction and retention within Clubs See page 4

Have you registered for

District Convention in

Gisborne? Gisborne? See the details on pages 8-10

Welcome new Lions Louise Burley

Sue Clarke Elizabeth Crawley Hastings Host Alan Debreceny Anne-Marie Durkin Anna Hewett Davis Lester Gary Low Kerry Maher Janice Perry Michelle Thornton

Silverstream Carterton Central Dannevirke Martinborough Rimutaka Martinborough Greytown Greytown Dannevirke Hastings Pioneer

District Governor: Simon Williams Home Club: Dannevirke Host Email 202M.dg@lionsclubs.org.nz

Vice District Governor: David Skjellerup Home Club: Mana Email: 202M.vdg@lionsclubs.org.nz

2nd Vice District Governor Carol McMillan Home Club: Hastings Host 202M.2vdg@lionsclubs.org.nz Cabinet Secretary: Graham Atkinson Home Club: Wellington Host Email 202M.secretary@lionsclubs.org.nz

Cabinet Treasurer: Keith Kenderdine Home Club: Tawa Email: 202M.treasurer@lionsclubs.org.nz

GLOBAL ACTION TEAM Services: Adrian Ash Home Club: Rimutaka Email 202M.gst@lionsclubs.org.nz Leadership: Alice McDonald Home Club: Karori Email: 202M.glt@lionsclubs.org.nz

Membership: Jo Cameron Home Club: Karori Email: 202M.gmt@lionsclubs.org.nz

InforM Editor: Mary Snook Home Club: Karori Email: 202M.editor@lionsclubs.org.nz

Carol's Chat



Kia Ora all

When sitting down to contemplate what I should write about or share with you, I stopped a minute to think about how fast this year has gone.

Covid 19

This beast does none of us any favours least of all community organisations and it is not going away in a hurry. As we all decide whether to meet or run events we would like to encourage you to read "Between the Lions" November addition, there are some handy tips and hints one whether to run meetings or events.

There are clubs in the District still running events very well with the rules in place. Lions clubs in the Kapiti area had their book sale a few months back with a good result. My own club ran our annual book sale again with a great result, proceeds down on last year but definitely enough money to help many community groups in the coming year.

We wrote a Covid policy and we're happy to share if it would help anyone.

Masterton held a garage sale to sell the stuff out of the container – this was well attended too.

People will make their own minds up if they want to be a part of your activity or to stay away for their safety.

You also need to do what is best for your club and how your members feel.

Club Visits

Thank you to those who have welcomed me to your meetings these last months. For some this was the first meeting since lockdown. I have had a great time catching up with those I know and those who I am just meeting. It amazes me often how much is done by many clubs, often it is the smallest clubs that achieve so much.

You all have your part to play in your community and in the Lions family, so again thank you.

Conventions

Accommodation is tight in Gisborne so get booked, houses for a group of you could be a good option, to have some great times together and get to know some of your members better.

Please support DG Simon and the Zone 1 team.

Likewise the MD convention, this is our own CC Murray's shin dig, so get along and support him. It is in our District which makes it even easier.

Challenge yourself, everyone should attend at least one MD convention in their Lions journey.

Festive season

We wish you all a happy festive season whatever that may look like for your family.

Please respect other people at this time, we do not know what anyone is struggling with.

Some of us are doing first years without our usual loved ones.

Be kind to each other.

Take this time if you can to have a break. I have heard many say of late, I am tired I am looking forward to some time out.

We need to respect this and give those people this time to recharge, this is better than losing them completely.

Happy festive season to you all.

Kind Regards Carol McMillan 2nd Vice District Governor 0274 571 402



CC Murray Pringle and I send our Best wishes for Christmas to you all. If you are like us, you will be looking forward to having some time with grandchildren, and / or extended friends and family who have been locked down in Auckland for some time.

Covid has issued some challenges to us all both in our private lives and Lions activities. Thank you Lions for your continued dedication and service during the last six months. There have still been many great achievements and 2022 is now on our door step. Where there is a need, there is a Lion. Take care, drive carefully and stay safe. Kind Regards,

Simon and Murray.

MEMBERSHIP MATTERS



Reaching out to members within the club and building teams that will help enhance their experience as Lions is key to success. As you develop plans for membership satisfaction and retention within your clubs, it is important to involve all members. This is a great way to achieve collaborative planning, create enthusiasm, and grow your club's membership. Lions Clubs International offers several great resources to help clubs and their members, so take some time to check them out!

- <u>Membership Satisfaction Guide</u>: This guide will help you troubleshoot common issues that members have in their experience as Lions. There are useful templates for quick surveys of club members to get a pulse on what they think of your club. This will help you identify areas improving the club experience.
- Your Club, Your Way!: This resource offers ideas on how your club can customize your meetings for an enjoyable membership experience.
- <u>Club Quality Initiative (CQI)</u>: Change is critical for each club. The CQI is a strategic planning tool that helps clubs identify opportunities for improvement. By understanding our current operations, identifying areas that can be improved and taking measured steps to accomplish your goals, your club can be even better.
- Build a Vision for Your Club: Use this **planning guide** and **PowerPoint** to discover your club's strengths, ways to improve and new opportunities that will help your club grow and thrive! Planning forms help you develop a vision, assess your club's needs and organize your plan for successful implementation.
- The <u>Club Excellence Award</u>: This resource serves as your club's roadmap to excellence, focusing on the key elements of a quality club: membership, service, organizational excellence and marketing. If you have any questions about the award, please contact us by email at <u>clubexcellenceaward@lionsclubs.org</u> or by phone at (630) 468-6828.

If you are a Facebook user, visit LCI at <u>Improving Lions Club Quality</u> to find helpful information from Lions around the world. You can post questions, comments, stories and share new ideas to improve clubs within your zone.

Keep up the good work everybody!

My best wishes for a relaxing summer break. Merry Christmas and happy New Year Jo Cameron - GMT



MEMBERSHIP MATTERS





to our new members inducted during October

Louise Burley Sue Clarke Elizabeth Crawley Alan Debreceny Anne-Marie Durkin Anna Hewett Davis Lester Gary Low Kerry Maher Janice Perry Michelle Thornton

Silverstream Carterton Central Hastings Host Dannevirke Martinborough Rimutaka Martinborough Greytown Greytown Dannevirke Hastings Pioneer

And Mary Williamson who has transferred into Waipawa District from Timaru 202J.



I t is a pleasure to welcome you all to the Lions family!

You are now a part of the world's largest humanitarian service organisation. You have joined a global community of kind-hearted, service-minded people, dedicated to making a positive impact on the lives of others and the environment we live in.

PRESIDENT'S MESSAGE

Service From the Heart with International President Douglas X. Alexander



Dear Lions,

Your service has the power to change lives. So do your stories. The more you share about what you and your clubs are doing, the more opportunities you create for your community to join you. And there are now more ways than ever to promote your club and service activities.

Whether its marketing or branding, social media or traditional media, we have the tools to help energise your next membership drive and share your life-changing stories. Let's shine a light on Lions club.

Brand Advance Kits

Your service has made Lions one of the most recognisable brans in the world - and for good reason. When your community sees Liosn, they know good things are on the way. So take advantage of the legacy you've helped build with smart marketing efforts and a little inspiration from our Brand Advance kits.

Visit the <u>Brand and Marketing Toolkit</u> page to access your Brand Advance Kit. Its loaded with resources, templates and tutorials to inspire your club's marketing efforts - and your community.

Yours in Service Douglas X. Alexander International President

From the Desk of the Editor

Is it really December! The year seems to be running away on me, however for others it will have dragged on seemingly without end. We are living in such different, and for some, difficult times. While we are celebrating we should look out for our family members and make sure they are included in our celebrations. It might be the right time to heal any rifts between us. Look out for our neighbours and others in our community and ensure no one is left out especially those we know and who live alone. Invite them over for coffee and Xmas pies and, look after ourselves.

Enjoy your holiday break. Catch up on sleep and for me, read that book that has been sitting on the coffee table awhile waiting to be read.

Happy Christmas everyone and safe and restful holidays.

Mary Snook Editor

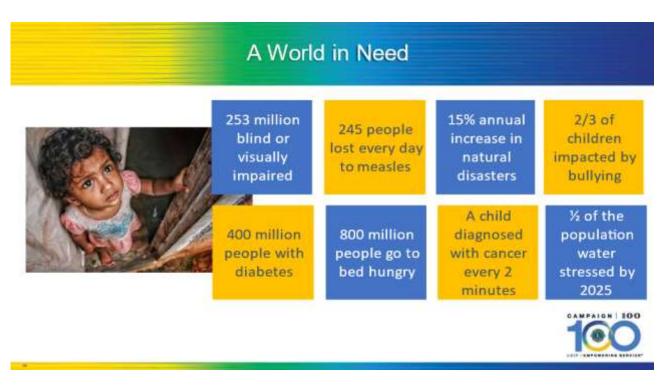






Lions Clubs International FOUNDATION





A world in need - the numbers can overwhelm you.

We see the effects of this devastation every day, on our television screens, on social media, in our own communities and sometimes in our own homes. We see that this devastation has a particular impact on the world's children, who we are called to protect. Many say the needs of the world are too great. Many say there's nothing we can do. Lions say, "We Serve."

Empowered by Lions Clubs International Foundation (LCIF), Lions are taking on these global challenges. In fact, we've been doing so for over 100 years.

Investing in Our Future

With every Lion worldwide both doing and giving, we're INCREASING our service impact in vision, youth, disaster relief, and humanitarian efforts; FIGHTING the global diabetes epidemic; and EXPANDING our causes to childhood cancer, hunger, and the environment.

Please make a donation to LCIF and be part of our historic US\$300 million effort and benefit those who desperately need our help.

Thank you to the nine clubs who have contributed so far during this Lions year.

PCC Joanne Cameron LCIF Coordinator



District 202M Convention and AGM

I give notice that the 15th Convention and Annual General Meeting of District 202M, Lions Clubs International, will be held Gisborne on Friday 4, Saturday 5 and Sunday 6 March 2022.

Nominations are now called for the positions of

District Governor 2022 – 2023 1st Vice District Governor 2022 – 2023 2nd Vice District Governor 2022 – 2023 LMLCCT District Trustee 2022 – 2024 (2 year term) Nominations close 3 January 2022

As provided in the Constitution an election will be held during the Business Session of the District Convention on Saturday 5 March 2022. Nominations in writing, which must be accepted by the nominee and seconded by a Club, should be made to:

Cabinet Secretary Graham Atkinson

P O Box 2459

WELLINGTON 6140

e-mail: 202M.secretary@lionsclubs.org.nz

REMITS

Any Club wishing to submit a remit for consideration at the Business Session should note the following requirements

- Prior to submission Remits, in draft form, should first be checked with the District Legal Chairman David McDonald to ensure they comply with the Constitution.
- Remits must be in the hands of the Cabinet Secretary Graham Atkinson

no later than 3 January 2022

Simon Williams District Governor

Convention Information

The Convention fillable registration form is here. Ctrl + click on the below link.

M202 Convention 2022 - Gisborne & Wairoa Lions Clubs

The form is also attached to this INFORM mailout for you to fill in on your computer and send back to the convention team.

This is what it looks like.

FILL IT IN NOW PLEEEEZE!



rive a full refund up until \$1 January 2023 threaded you need to cannot your Registration More that data any refered will be at the disc pauled motion

ACCOMMODATION INFO

The accommodation is at a premium for the Convention weekend so please get on and book now. This is also on the NZ Lions website at the link above and when you go there you'll be able to read it instead of peering at my thumbnail.

> Accommodation Newsletter is found on the 202M District Page at lionsclubs.org.nz Ctrl+ click here



M202 Convention 2022 - Gisborne accommodation options

Note: There is a large event on in Gisborne this weekend and accommodation is go be in demand. It is strongly suggested that you secure your accommodation as soo modetion is going to possible

LIGHS CENTRAL | Enveraid Hotel - generaldbotel on or P: 60.968-4055 nd ber facili

55-Standard Suite - \$ 365 (Standard room with city view , without balonry) BPS-Executive Paol Saile - 5 1751 (Either 2 king beds or 1 king and 2 singles)+Balcory facing pool sile BRS-Executive River Suite - 5 1851 (Either 2 king beds or 1 king and 2 singles)+Balcory facing River site

anay and for mitra adult it will be \$15.00 entra per p

Other options are excitable.

ae Top 18 Holiday Park - <u>gisborneholidaypark.co.nr</u> P: 05 867-5654 ning pool and is right on the beach

tude: Apartments, Mutets and Cabins , Caravan/Mutor home sites (and tant sites for the

seconable cost but you will need to be very quick to book as they won't held rooms for as fir la

Three Redmont Ocean View Apartment - 2 Redmonte, 1 Rathroom (| people) - From \$450.0 Two Be for us) om Osean View Apartment -2 Bedrooms, 1 Bathroom (4 people) - Pron 1320.00 | (1 on held

Beach Bach 3 Bellicoms, 1 Bathroom (2 people) - Frum \$250.00

Notel 3 Bedrooms, 1 Bathinom (3 people) - Frion \$160.00 Self Cantained Unit 2 Bedrooms, 1 Bathroom (3 people) - From 5150.00 (we have 7 on hold fler se)

Self-Contained Panily Unit 1 Bedroom, 1 Bathroom (1 people) - From 3145.00 En suite Cable Statio Unit with En suite Bathroom (1 persons marx) - From 3105.00

Standard Cabin Sleeps 3 max - From \$85.00 (Twin bed a 5, Double bunk x 3) Powered She \$34.00 per Adult \$14.00 per Child (Max 6 persona) (Plenty at the n

Tap 10 Tent: Siteps 4 (1 Double & 2 Singles) includes fridge, power, table chair etc - \$120 for two + \$20 each additional up to 2

There are many other motels in Glaborne to try if the two above don't have a suitable space for

You can see and book them directly at this link: <u>Mitro / Net by MORDConvention</u>





202M District Convention Gisborne 4th-6th March 2022

Theme: Moving On Up

Programme:

Friday 4 th March	Venue:	Lawson Field Theatre, Fitzherbert St.
	5:30 pm	Social hour followed by opening and flag ceremony
		International Director: PID Cliff Heywood
		Guest Speaker
Saturday 5 th March	Venue:	Lawson Field Theatre, Fitzherbert St.
	8:30 am	Official start time for business session
		Key note Speaker: Dr Graham Wilson, Eye surgeon
	Morning tea:	Partners depart. Visit Farmers Market & Craft Fair.Return for election results & acceptance speeches
	1 pm Lunch	Business session closes. ALL attendees depart for afternoon tour programs.
	Venue:	Emerald Hotel, Social Evening
	6:00 pm	Meet & Greet, Dinner
		Theme: Stars on 45 — Bring your favourite vinyl and we will dance the way we used too.
Sunday 6 th March	Venue:	Lawson Field Theatre, Fitzherbert St.
	10:30 am	Remembrance & Rededication Ceremony, followed by lunch before returning home

Inform Report – Youth and Leos in 202M for the next year



Peace Poster and Peace Essay

At the time of writing this, I have not heard the full results of the 202M Peace Poster contest, but DG Simon has put our District winner forward for the MD202 selection to go onto the LCI final in Chicago. Well done to all Clubs that have worked hard to get this contest running when Schools across the district have been in great turmoil.

Next year we will be doing it again, along with a parallel contest for Low Vision students in the same age bracket – called the PEACE ESSAY contest. We will get a better buy in from Schools as they can be run together very easily.

Young Speechmakers

We will be seeking approval from Cabinet in January 2022 to run two "202M District Speechmaker" contests – one based in the Wellington area and the other in the Hawkes Bay. This is so we can get better numbers taking part both as contestants, supported by their families but also encourage the general public and Lion members to come as a live audience. The winners will go though to a National Speechmakers contest in Palmerston North in August 2022.

Youth Exchange

There is no International Youth Exchange underway at present until travel is sorted out watch this space for mid next year. We have also postponed the planned Winter Youth Camp in New Plymouth to July 2022 – again more details in the new year. We are still keen to run a trial internal youth exchange between 202D and 202M in 2022 – final details will be advised soon.

Leo Clubs

There are active Lions now working to:

Resurrect the Chilton St James Leo Club in the Hutt Valley Establish a new Leos Club based in Levin Establish a new Leos Club based in the Hawkes Bay Establish a new Leos Club based in the Wairarapa.

This needs the right people to drive it – Lion Tash Fernandez and her team in Levin are the most advanced at this stage, followed by the Hawkes Bay. If you know anyone who you think would be a great leader and facilitator for a Leos Club – contact me. Watch this space.

Any queries, do not hesitate to contact me directly - 06 377 2911

Jack Hayes 202M Youth and Leos Chair

Round the Cl ubs

Wairoa Lighthouse

Thursday, November 4, 2021



Subtle colours and an unusual perspective make Calib Hawkin's peace poster a winner.

Artistic Calib

PEACE posters from around the district impressed local judges for the international Lions peace poster competition.

Ohuka School student Calib Hawkins completed his poster in two days during the first week of term four to win the Wairoa competition.

The theme 'we are all connected' saw Calib using flags to represent all the countries in the shape of a dove and a high angle viewpoint looking down on it.

He comes from a creative family with both older siblings loving art too. His poster will go before judges at a national level and the winning New Zealand poster will be judged at Lions International in the United States early next year.

That winner will receive \$U\$5000 and an award while 23 merit award winners will receive \$U\$500 and a certificate.

Lighthouse Lions youth officer Liz McCormack said about 40 11 to 13-year-olds showed interest in the competition and eight completed posters for judging and she was blown away by the talented artists. She wants to see the competition becoming an annual event

intermediate-aged artists.

The competition entries were supported by Ohuka, Kotemaori schools and Te Kura Kaupapa o Ngati Kahungunu o Te Wairoa and a host of parents.

Wairoa Mayor Craig Little also supported the event from his mayoral fund helping to fund art materials and Jayda Akuhata-Brown Memorial Fund helped fund prize-money.

Local artists Julie Dyson and Fay Follas judged the entries last Thursday.

Mrs McCormack presented Calib with his prize of \$200 on Friday afternoon.

Consolation prizes of \$10 went to Geronimo Mete, Riian Putaranui-Akurangi, Daniel Murphy, Kharleen Wereta and Chase Carroll.

Look out for the eight posters displayed at Wairoa Taiwhenua for the first half of November and then at Property Ventures Real Estate for the second half of this month.



VISION



This is one of the 5 Global Causes of Lions Clubs International.

Macular Degeneration

Macular degeneration usually affects people over 60 years of age, and occurs when the macular (the sharp focusing area at the back of the eye) begins to break down and stops working. The result is a gradual loss of the central, 'sharp' vision that you use for seeing detail, so things like reading, driving and recognising faces become more difficult.

Macular Degeneration can lead to serious visual impairment, but really ends in total blindness. The condition tends to progress slowly with only some aspects of vision been affected. There is no cure. Treatment is limited in most cases and prevention is the best course of action. Eating a healthy well balance diet high, in vitamins and vegetables, particularly dark green leafy vegetables such as spinach and silverbeet. Other foods including broccoli, capsicum, corn, nuts and fish oil also helps the prevention, with smokers been of high risk.

Some types of Muscular Degeneration can be treated through laser surgery and injections, which is done to preserve sight.

Symptoms:

Blurring in the central vision

Vision may come distorted. For instance there might seem to be a 'kink' in an otherwise straight doorway

If you have either of these symptoms you need to see an optometrist.

Jennie Vowles Cabinet Support - Vision

Round the Clubs Karori

During Covid Level two, lens testing is one of the projects that has continued, although under different arrangements. Due to social distancing rules we have not met as a group: instead, I have been doing the majority of stage one with a little help from Tom. Alison has very kindly done several washes and Tom the final measurement stage before the glasses are returned to me for sorting and packing. A big thank you to Tom and Alison. We have almost managed to keep up to date with the many glasses we keep receiving.

I had hoped we might have been able to send off 6 cartons of glasses and non-prescription sunglasses either in October or November, but unfortunately this has not happened, due to our being unable to send them to Auckland until they move out of level 3. In the meantime we are building up our stocks.

I have received several emails from Maree of the Miwatj Health Aboriginal Corporation in Darwin about the glasses I sent them a few weeks ago. They were most appreciative, thrilled and, excited to receive such good quality glasses from us.

On Page 14 is an email and photo from one of the grateful recipients.

I speak on behalf of all Dhuwa & Yirritja Ringitj'mirr mala Yolŋu, that we express full gratitude towards you Lions Club of Karori.

My name is Jeremiah Larrwanbuy Baker, I am a member of the Gurruwiwi clan of the Galpu tribal group (Fathers mob) & traditional custodian of the Wangurri & Djambarrpuyŋu tribal groups (Mother & Maternal-Grandmother's mob).

Recently over the past 18 months the quality of my vision has declined, making it difficult to see anything on my computer

clearly, more importantly for I'm in the corporate section unable to read written letters to HR from staff, & other documents.

I work for Miwatj Aboriginal Health organisation, which made it easier for me in getting support & advice from a fellow worker

(Coordinator of Eye Health).

From the time of when I started having sight problems I could not remember how I was before.

After I obtained my glasses, I not only regained my good vision but it seemed much clearer than prior to first getting visual issues.

Not only did the glasses help me in seeing better at work, but also instant relief from neck pain, headaches & eye soreness.

But the most important positive relief was during cultural ceremonial duties such as:

• Preparing "Yolŋu traditional ceremonial document" (bark-painting) so the ceremony can commence, seeing & painting more precisely

- Seeing the dancing & body paint more clearly, so to identify which tribal group is performing.
- Instantly becoming a better hunter.

Jeremiah Baker

DISTRICT CALENDAR

December		
2/12/21	International Day of Disabled Persons	
5/12/21	International Leo Day	
29/1/22	Cabinet meeting, Kapiti	
20/2/22	51st Karori Lions Karnival—Ben Burn Park	
4/3/21-6/3/21	202M Convention, Gisborne	
20/4/22-22/4/22	COG Meeting Lower Hutt	
22/4/22-24/4/22	MD Convention, Silverstream	
14/5/22-15/5/22	Cabinet meeting, Hawkes Bay	



Child Cancer



This is one of the 5 Global Causes of Lions Clubs International.

As Lions and as Clubs we can all do something to support this cause.

This issue is about **SIBS CAMPS** run by CCF, often with help from Camp Quality

Sometimes siblings of children with cancer need something that is just for them. The childhood cancer journey is challenging for the whole whānau, and siblings often have to grow up very quickly.

Child Cancer Foundation runs camps for Specially Important Brothers and Sisters (SIBS) all across New Zealand each year, so siblings can feel extra special and get some much-deserved respite from the everyday. Each SIBS Camp is run by 10-15 specially trained volunteers – very often Camp Quality companions - who work as a team to provide a fun and safe weekend for the children. Family Support Coordinators are also present, to provide a connection between families and the camps.

Over the weekend, kids take part in fun activities such as arts and crafts, sports games, outdoor adventures and strengthbased workshops. All are focused around building confidence, learning tools to cope with challenges and recognising the amazing strengths they already possess.

SIBS Camps are open for children between the ages of 8-12 who have a sibling at any stage in their cancer journey. Most camps have around 30-45 kids in attendance, so they are always a wildly fun experience. Children come home having made connections with other siblings and can't wait to go back the next year to see their new friends again.

We have heard from so many parents how much of an impact attending a SIBS Camp has had on their children. Most simply, parents appreciate that something is being done just for siblings, showing them how important their role is in their family's cancer journey.

An example of a very special SIBS Camp activity -

Children are given three stones, which represent different aspects of their life. They can take them home when SIBS camp ends, both to remind them of the fun they had at camp and to fill their kete with a tool they can come back to when times are tough.

The first pebble has sharp, rough edges. It is like all the tough stuff that has happened, that has hurt you and been hard to cope with.

The second pebble is pretty ordinary and smooth. It is like all the things in your life that you can count on to happen smoothly each day, no matter what, and the people in your life that are always there supporting you.

The last pebble is extra shiny. It represents the things in life you REALLY like and enjoy. The things that make you laugh, smile and feel really good inside. The things that make your life interesting, fun and amazing. It also represents the people you love and who love you.

When you hold all three pebbles together in your hand you can see what life is really like... a mixture of all things together. Life is never just sharp, hard and tough, but also smooth and at times extra shiny.

DATES TO REMEMBER

"ROWING FOR LIFE AOTEAROA" ANZAC weekend 2022

CCF STREET APPEAL Friday 11 and Saturday 12 March 2022 https://childcancer.org.nz/event/annual-street-appeal/ Beth Anders LCI 202M Cabinet Support Child Cancer



21 November 2021

Dear Simon,

I am taking the unusual step of contacting you directly as District Governor. I want to share an important update regarding how COVID-19 has impacted Camp Quality. In these uncertain and challenging times, the vulnerable children we work with need respite and opportunities to be kids again more than ever. However, the danger COVID-19 poses has meant that we've made the difficult decision to cancel our upcoming Summer Camp programme. This will be the first time in our history that we've not been able to deliver any physical camps. It was a very hard decision but it's clearly the only one we could make to protect our children.

Despite this, we must still be there for our Campers. So, we're busily working on a new concept called **Camp-in-a-Box** which will bring the spirit of camp to the doorstep of everychild who was registered to attend Summer Camp in 2022. Each box will be packed with toys, games, puzzles, books, resources, and activities. Every child will receive their own special box and an invitation take part in a range of on-line activities. The aim is to generate the kinds of amazing experiences and important outcomes from camp, but in a COVID-19 safe way.

Lions Clubs New Zealand, and your District in particular, have always been a central part of our physical camps. Thousands of children living with cancer have benefitted from your region's generosity and I want to sincerely thank you for that support.

Will you now be central in our response to the new reality COVID-19 imposes upon us? Willthe Lions Clubs in your District help us fund the Camp-in-a-Box programme? Enabling everylocal child to still enjoy the spirit of camp, even in these challenging times.

Each box will cost approximately \$250, however in line with our Camp philosophy will be provided free to our Campers. Across the country, we're aiming to provide 400 boxes so that no child misses out this Summer. This is an ambitious plan, but we can't leave any childout and I know that together we can meet the challenge.

Across our Wellington and Central Districts, we have 81 children and young people to senda box to. So far, thanks to the generosity of Lions Clubs in your District, we already have sufficient funding for 65 boxes, which is just fantastic but we're 16 short of our target. We can't let this happen, we can't have 16 kids who won't be able to participate so, on their behalf, we're again asking for your help.

I am confident, that with your support we will be able send a box to every Camper. In fact, I would like to aim higher so that any fundraising over and above our target for Camp-in-a-Box could be used to support our broader work across the region. Our camps (and now Camp-in-a-Box) are just part of what we do locally. We also provide support for parents looking for information and resources, run events that give children a chance to catch-up with their camp buddies while providing respite for their parents. We provide personalised support through the year with specially trained, volunteer Companions being there for Campers even outside of camp, and we provide a sense of hope and community for the hundreds of families and whanau affected by a cancer diagnosis.

The total cost of running Camp Quality in the region, outside of running physical camps, is approximately \$39,000 and we must fundraise every dollar. In these difficult and uncertaintimes, fundraising is so much harder. And so, we're asking Lions to also support the organisation that provides the camps, the camp boxes, the advice and support at the end of a phone, the fun, hope, happiness and community. Will you help us to be there for all the children and young people living with cancer in your District throughout the year?

Lions Clubs New Zealand have always been an incredibly valued members of the Camp Quality family and together we have given fun, hope and happiness to countless childrenand young people living with cancer. We would be delighted to come along to a Club and talk about our work and the important role Lions play in making it all possible.

Please accept our thanks for your support and together we can make a lasting difference in the lives of children and young people living with cancer, even in these uncertain and challenging times.

If you have any questions, need further information or wish to book in a speaker for a meeting please contact me on email <u>rm.central@campquality.org.nz</u>. I look forward to hearing from you. Kind regards,

Matt Perkins

Regional Manager: Wellington / Central DistrictsCamp Quality New Zealand



ENVIRONMENT



This is one of the 5 Global Causes Lions Clubs International.

A short article, this month, as we move into the Christmas break. May you all have a happy holiday season, enjoying our beautiful environment, and thinking of ways to protect and enhance it.

I want to celebrate an exciting new environmental initiative. Last Saturday Beth and I were fortunate to be able to attend the first Koro's Market Day, being a sustainable market project of the Rimutaka Lions Club in Upper Hutt. This was the brainchild of new member Alice Midgley, and has been enthusiastically taken up by the club. The familiar Rimutaka Lions Food Truck faced across from the bouncy castle, and a scattering of food and plant stalls completed the feel of a country market. Alice talked enthusiastically of expanding to other environmental projects, linking in with the many other initiatives in the region.

PDG Adrian Ash has promised a more comprehensive write-up on the project in a subsequent issue of the InforM – so we will look forward to that!

In the meantime, for more information see Koro's Market (korosmarket.co.nz)



Here's hoping other clubs will step forward and let us all know about the good things they are doing for our environment.

Thanks for caring about the environment – a legacy for our children and grandchildren.

Trevor Anders LCI 202M Cabinet Support - Environment trevoranders@outlook.com

hunger



For some time, 2VDG Carol McMillan has asked clubs to report to her on the projects clubs are running to alleviate hunger in your communities. I'm not sure if she received any replies but if you are wondering what projects you could initiate in your communities have a look through these below. I found this on LCI website. I have had a browse through and note there are some that look familiar and may already be happening and other ideas just waiting to be tried.

We see many images of hungry people overseas, but we don't have to look that far. There are families in our own communities who would benefit from our help. I look forward to hearing how your project succeeds as would 2 VDG Carol and don't forget some photos. Editor Mary Snook

ACT // BEGINNER

- Support your local food bank by donating time, equipment or food.
- Create a resource list of hunger related volunteer opportunities in your region to share with other clubs in your district.
- Use social media to raise awareness about childhood hunger in your community and to inspire others to become involved.
- Host a healthy eating event at your school, community centre or place of worship. Invite a nutritionist as a keynote speaker.
- Deliver nutritious, prepared meals to elderly, disabled or ill community members.
- Serve meals at a soup kitchen or homeless shelter.
- Bring a variety of fruits and vegetables to an elementary school class. Explain to the students where the food comes from and encourage them to taste different types of produce.

<u>This is one of the 5 Global Causes</u> <u>Lions Clubs International.</u>

ACT // INTERMEDIATE

- Volunteer with a "gleaning group" to harvest unpicked fruits and vegetables at farms and orchards.
- Collaborate with a food bank to organize a community food drive, focusing on collecting items most needed in your area.
- Write a cookbook of inexpensive, healthy, easy-to-make recipes.

Work with your local school to provide weekend take-home bags of nutritious snacks for children in need.

Sponsor a cooking class for youth to learn basic cooking skills for healthy living.

Create an online resource on planning and portioning meals to reduce household food waste.

ACT // ADVANCED

- Conduct an assessment of food access in your community. Advocate to local government leaders for additional or improved options in areas of need.
- Support pregnant women and new mothers by ensuring there are comfortable, safe and clean areas for them to nurse in the community.
- Use your professional networks to connect food banks to food industry leaders interested in food recovery.
- Develop a program to provide underserved students with food during holiday times when school is not in session.
- Establish a community or school vegetable garden for residents in a food-insecure neighbourhood.
- Establish a weekly produce stand in a food desert.
- Create a volunteer transportation program to help individuals and families get to and from grocery stores, food banks and soup kitchens.
- Develop an animal husbandry program where a few families receive a small stock of animals. A portion of the animals' offspring will be given to neighbouring families for sustainable growth of the programme.

Almoner request



In 202M we care about the members of our Lions family.

While Sandie McIntosh is recovering from hip replacement surgery, Anne Richardson will be acting Almoner.

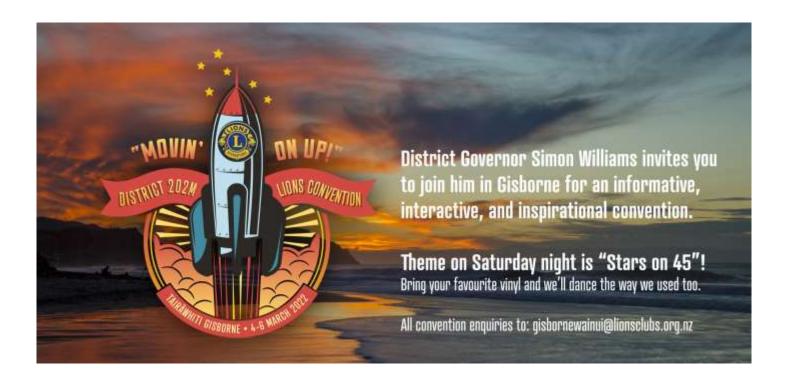
Do you have a member in your Club who is recovering from recent surgery or is unwell, maybe they've been significantly affected by the challenges of this pandemic or just having a down time? Then please let Anne know. Her email 202m.zone5@lionsclubs.org.nz; mobile 027 232 7079.

If your Club has been impacted by a bereavement please would you send me the details including, if possible, the information of the surviving spouse or family members to enable us to offer them some support.

All deceased members will be recognised at the remembrance service to be held on the Sunday of our district convention on 4 - 6 March 2022. The almoner will require your club to send her a photo and a eulogy for each deceased member.

Many thanks

Anne Richardson Acting Almoner



Round the Clubs

Wellington Host



Left 2nd VDG Carol McMillan came along to one of our Social meetings and presented Stephanie with a well-deserved Melvin Jones Fellowship award. Well done Stephanie.

Wellington Welfare Guardianship Trust

On Tuesday 16 November I represented the club at a meeting of the WWGT Trustees where among other things they acknowledged the grant made to them by the club following a visit by Dr Ben Gray earlier this year to tell us what the trust is all about.

I was made very welcome and found the gathering to be very informative as those present reported on their individual assigned person. Those they help are from all walks of life who, because of an illness or disability, cannot properly look after their own affairs such as dealing with Government agencies in respect of housing, assistance benefits and so on, and have no family members or other people to do that for them,

The amount of contact between trustees and assigned persons varies as necessary but is anything from weekly to monthly. It was readily apparent that an enormous amount of patience is required by the trustees as they do what they can for those in their care.

One thing I took home from the meeting was the importance of everyone entering into a Power of Attorney with a family member or other trusted person to manage their affairs at such time as they lose the ability to make decisions about their welfare and finances in their senior years, and the need to have a will in place which will control the final settlement of their affairs when they die.

At present there are only 15 or so trustees but I am sure the need for more will grow as our population ages. I would dare to suggest that there are club members who could more than adequately fulfill the role of WWGT Trustee.

Ken Daniels

Round the CI ubs

Carterton



A few Lions spent an hour helping Garry Smith (from Carterton Golf Club) tidy up past Lions member Hugh Roll's garden. Hugh was a long serving member of the Club, who used to enjoy running the bar during the Wairarapa A&P show with John Boere. Both John & Hugh (wearing hat) are pictured enjoying an icecream at the show.

In these times when our projects are by no means certain to proceed, there is always someone, maybe a current member, who could do with a hand tidying gardens around their home. A good project for fellowship among members.

District 202M InforM - November 2021

The Uganda Container Saga

Many Lions across the District (and 202D, especially in the Manawatu) were encouraged by Lion Geoff Walker to donate goods and clothing to go into a container that would be sent to Gulu in Northern Uganda. This was a while ago now and 'good stuff' poured in from across our two Districts. A 40 foot shipping container was donated to the cause, working bees were held to sort and pack, and the container was filled.

It did not get to Uganda – the reality of international shipping and road transport logistics and funding was way beyond our capacity. So, the container sat in Carterton with a local friend of Lions (Chris Engels) kindly allowing us to use his concrete pad – for more than 4 years.

All sorts of options were debated, Geoff remained adamant that the goods should come to Uganda, then perhaps Samoa, (they did not want it), then other South Pacific countries (they did not want it either). The reality eventually sunk home that we had to empty the container and sell, gift and dispose of the contents and sell the empty container with the proceeds going through the Lion Clubs in Fiji to fund local projects in their Fijian communities. They certainly need all the funding help they can get at the moment.

Zone 4 Chair Gill Reid set a goal to clear this container during her term as Zone Chair and all of the Clubs in the Zone have supported her. The container was moved to the Solway Showgrounds, unloaded and sorted and two big working sessions returned many goods to the original donors; to local charities; and low decile Schools. We then ran two successive sales days and sold heaps at give away prices so we could get these items back into the community. There are lots of wonderful stories that came out of those sale days, and tears and hugs from families blown away by what they were able to afford for their families.

Our Lions Club profile has done well with local stories in the local papers, word of mouth reports coming back to us again are very positive and the support we have received is wonderful – see the thanks advert we placed in the local paper this week.

Sometimes it is not the money that counts, it is the impact we deliver in our local communities. A special thanks to the Lions from Carterton Central, Masterton Holdsworth and Carterton who have been the mainstays with great support from the other Zone 4 Clubs as needed. We are still receiving money and some goods are being distributed into other Zones as well for donation to good local causes. We will report in the next Inform the net outcome.

There is some good news – we will have another sale in the New Year. The container is going shortly onto Trade Me, so if you want a good deal for a 40 ft B grade shipping container - have a look. It is in Masterton and the only one for sale in the district at the moment.

Again, thanks for all the Lions and friends across the 202M District who have supported this project – it has been a tough ride, but we have come out of it well.

Below - The contents of the container on display ready for sale or donation to new homes.





Above - local Lions spent many hours getting the items ready for display and sale.

District 202M InforM - November 2021

