InforM



November 2020 Vol 14 No 5

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Murray's Memo

Well, here we are in November already, Legal Advisor David and what a year it has been. We have learnt to cope with the realities of a global that he is receiving pandemic, and the sea changes that it has brought to the way that we conduct our lives, not only at a personal level, but also within our local communities, nationally and internationally. We have demonstrated that we are a resilient lot, adaptable to change, compassionate and caring, generous with our time and our resources, and throughout these troubled times we have a displayed an unerring capacity for kindness toward one another. Let us all keep that up as we join the headlong rush into Christmas, and in the words of Prime Minister Jacinda Adern "let's keep moving".

Cabinet met on the morning of 10 October 2020 for a brief meeting prior to the commencement of President's Weekend. The Zone Chairs reported that most Clubs remain in good heart and are beginning to amp up their service projects to their local communities. Two or three Clubs have indicated their intention to wind-up during the course of the Lions year, and there is a possibility that some clubs may merge.

have the time to manage the project. I have accordingly asked the Zone Chairs to identify a Club member within each Zone to manage the project within their respective Zones. Those appointees will need to liaise with one another and appoint one of their number to be a District contact for GST Co-ordinator PDG Alice McDonald.

Immediately following the Cabinet meeting we welcomed 17 Presidents to President's Weekend, this year held at Silverstream Retreat. Whislt numbers could have been better the Presidents were provided with a very informative programme comprising presentations ranging from the new internal Youth Exchange Programme, to Camp Quality, Diabetes, KanTabs, HeadsUp4Kids, LCIF and LMLCCT, and a range of programmes within the Membership and Leadership Portfolios.

The Presidents, Cabinet and a number of Past Council Chairmen and Past District Governors were treated to a beautiful dinner, and also enjoyed two very thought provoking addresses, the first delivered by Bill Day and Dr Andrew Marshall representing Wellington Hospitals Foundation and the new Children's Hospital, and the second by Mavis Mullins, a highly respected Maori leader, speaking about her leadership journey. Mavis's speech, in particular, resonated with a number of people in the room, especially when she advised that for any organisation to survive into the future it must always "take the long view", something for all of us, both at Club and District level, to take cognisance of. Contd page 3

McDonald reported a steady trickle of inquiry from Clubs needing information, some on closure, and some on mergers. Mem-



proved over the last couple of months, but I encourage all Clubs to make a determined effort to increase their numbers. Please all remember to utilise the membership programme "Just One More". The issue of KanTabs was discussed at length. As a consequence of various external Facebook posts the KanTabs project is now "trending" in New Zealand. As a consequence the Multiple District Office was inundated with email enquiry to such an extent that it was not physically possible for the MD Office to deal with everything that was coming in. PCC Terry Hemmingsen and Levin Waiopehu Lions have historically run this programme, but Terry is now finding that he does not

bership numbers have very slightly im-

From the Editor's Desk

At last the warmer weather has arrived and I'm sitting here in a short sleeved shirt, sun streaming in the window beside me with a neighbour 's lawnmower in my ear and the birds singing. This is the good life.

This edition has been challenging. Earlier in the week I took up the invitation by Microsoft to do an update. Why wouldn't you I hear you say. A BIG mistake. After couple of trips to my 'IT savvy friend' I finally felt confident enough to shutdown my computer at night knowing that it would not want to do an update of monumental proportions when I turned it on again in the morning. Very frustrating especially after being hacked the week before.

I fully intended to go to the County Lane Fair, Silverstream's big project this weekend and the annual Food Show at the sky Stadium in Wellington but didn't get to either this year. There is always next year - Covid 19 willing.

Isn't it great to be in Level 1! Lets remember what it was like to be in Level 4 and look after ourselves and our Level 1 status. Remember to use the app wherever we go and use a mask on the buses and trains. 8 weeks to Christmas.

Editor Mary

Dear Lions

Your safe service has preserved the health and safety of so many within your local community. The coronavirus pandemic has become the global health focus for the world, but many other health issues remain. And that's where Lions can make a difference.

Diabetes affects nearly 10% of the world's adult population—and so many more are undiagnosed. That is why diabetes has been one of our five global causes. This month, I ask that you unite with Lions around the world to raise awareness and educate people so we can be the difference in our communities because every global cause has a solution that begins at home.

We've updated the <u>Serving Safely</u> (ctrl + click to access) page with new tools to help you continue innovating the way you serve in your community. You'll also find blogs, social media resources and inspirational stories that can help you discover new ways your club can continue making a difference.

We're always stronger when we work together. When you stay connected with your club, your community and your team here at Lions International, we all become a part of your incredible service.

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Here are three ways you can stay connected:

Tell your story – Maximize your social media by posting photos and videos of your club serving safely using the hashtag **#WeServe**. Or <u>download our</u> <u>press release template</u> (ctrl+click to ac-



_{cess)} leverage your local media to help tell your story to the community.

Report your service – Bring attention to the great work you're doing by reporting through MyLion or your regional reporting system. Remember to include any virtual meetings and activities, including World Diabetes Day virtual service.

Share our story – Let your community know about how Lions have continually served for more than a century by sharing our <u>Lions Stay Connected</u> video on your social media.

When we stay connected, we stay ready to serve together. Regards, **Dr. Jung-Yul Choi**

International President



Murray's Memo Contd.

The Council of Governors met by way of a Zoom meeting on 3 October 2020. I note the following matters which arose out of that meeting:

The draft Financial Statements for MD202 show us to have a reasonable surplus but this is largely due to a conservative budget being prepared which estimated a potential reduction in membership numbers than has occurred, and also the bulk of the expenditure will not occur until the latter part of the Lions year.

The **ANZI Forum** due to have been held in New Caledonia in **2021** has now been transferred to **Cairns, Australia** because of the Covid-19 Pandemic. Work is currently underway to find a location in New Zealand to host the ANZI Forum in 2022.

A Public Relations and Communications Committee has been formed. The Committee encourages Clubs to register with Volunteer New Zealand, to appoint a PR & Media Co-ordinator, to make connections with key community people, to develop a Community Calendar, to leverage off other groups and to share good examples of their Club projects with other Clubs.

Clubs are reminded that November is World Diabetes Month and that the **14th of November is World Diabetes Day**. I encourage you to support this important global cause and to embrace the theme "Love Don't Judge", a campaign aimed at engaging the hearts and minds of New Zealanders around the ongoing challenges of diabetes in the context of Covid-19.

Remember that Club Peace Poster entries must be with me by 15 November so that a winner can be selected and forwarded on to the Council Chairman by the end of the month.

Keep up the good works folk.

Kia Kaha.

Murray Pringle District Governor



Rebuilding Communities in Australia After Devastating Fires

With beautifully diverse landscapes, Australia is home to 26 million people. But from November 2019 to January 2020, bushfires ravaged through more than 46 million acres. Lions were quick to provide aid and, with support from LCIF, they are helping to rebuild the devastated communities. Cntl + Click to read story

► <u>READ STORY</u>

MEMBERSHIP MATTERS





to our new members inducted during September

Kylee Bellamy – joined the Lions Club of Waipawa District Jennifer Booker – joined the Lions Club of Waipawa District Nicola Fryer – joined the Lions Club of Waipawa District Terry Kingston – joined the Lions club of Waipawa District Nina Indra Kirana – joined the Lions Club of Waipawa District Michael Perris – joined the Lions Club of Tawa Sandra Sholtz – joined the Lions Club of Waipawa District Peter Smith – joined the Lions Club of Waikanae

You are now a part of the world's largest humanitarian service organisation. You have joined a global community of kind-hearted, serviceminded people, dedicated to making a positive impact on the lives of others and the environment we live in. We look forward to meeting you – it is great to have you as a Lion!

Congratulations and welcome!



Disclaimer: new members acknowledged as per the MyLCI New Member Report for July 2020. If you have new members who were inducted during July who do not appear on this list – firstly, my apologies for not acknowledging you yet – hopefully you'll appear on next month's list; and secondly, check with your club secretary to ensure your new members are being registered on MyLCI.

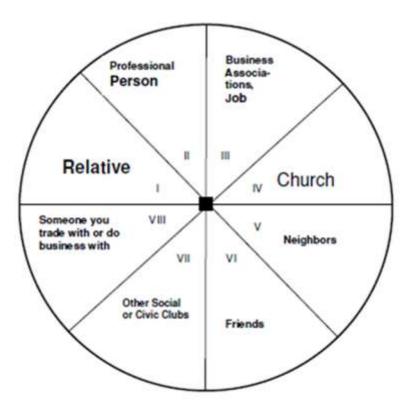
MEMBERSHIP MATTERS



At the Presidents' Weekend we talked about membership recruitment. Presidents shared success stories where some great stories and ideas were shared and discussed. We then looked at the **recruitment wheel** as a tool to assist with new member recruitment. This is an effective method for creating a list of potential members.

By using a prospecting list, all club members can participate in generating leads, but the actual recruiting can be done by individuals who truly enjoy asking others to become Lions. This activity can be done as a club, or in smaller groups. Start by drawing a large circle on a flip chart sheet. Then start thinking about the places you might get new members. Make these segments on your wheel. Decide what segments you then might target (could be all of them) and start making a prospecting list. Using a local phone directory create a database with their name, address, and phone details.

This gives an example of what we mean



The formula...

Create Lists – then populate with contact details

Collate the **lists** and **assign prospects** to members

ASK (ask prospects if they would be interested in becoming Lions, and/or in attending an informal Introductory evening where they can learn more about Lions)

Follow up!

Hold your **introductory evening Invite prospects to become members Introduction to the Club** – then the induction. This can be a 'fun' way to conduct a membership drive. It allows all members to participate in designing your club recruitment wheel, and from there you assign tasks as best suits each of your members.

Congratulations to the clubs who have already inducted new members during the 1st quarter – 25 new members added during July, August, and September. A great result – well done!

Keep smiling...

PCC Jo Cameron GMT Support



There is so much to see and do! So plan to stay a while!



Visit Martinborough and its World renown Vineyards.

Take a guided tour of Parliament and see democracy in action.





Visit TePapa and see the exhibition - Gallipoli: The Scale of Our War. Visit Brewtown and sample many local Craft Beers.



Convention Chair: PDG Rex Bullard Ph 0275 714 103 For more Information:

C% Silverstream Lions PO Box 48-015 Silverstream, Upper Hutt Convention Secretary: Peter Stern 027 358 0266

Bitz & Pieces from Global Services Team

Top Service Club Project award - Entries to me 202m.gst@lionsclubs.org.nz by 15th March 2021

This is something those who attended the President's weekend heard me talk about. It was also highlighted in a previous edition of the inforM. The project is to be one that is run in this Lions year, done by a single club and you will need to put together a presentation later to showcase it. You MUST also have reported the project in MyLion. MD GST coordinator Wendy is required to check the entry has been made before she can submit it for consideration "up the chain". The application form and criteria will be sent to all club secretaries.

So how will the programme run?

- To enter your project, it must align to our "Global Causes" of Diabetes; Environment: Hunger: Vision or Childhood Cancer
- The programme will run from individual Lions Clubs, through District, Multiple District and finally at Constitutional Area level, with the winner being announced at our next ANZI PACIFIC Forum in Cairns in September 2021.It must be a new and innovative individual Club project started by the Club in this Lions year– not combined clubs or a Zone project.

Club Project entries will be judged by a Committee established in each District by the District Governor which will include the GST District Coordinator.

Alice McDonald

- All finalist projects will receive District recognition and will be advertised in District communications and Newsletters.
- One project is chosen from within the District as the "Top District Service Project". This project is submitted to the respective Multiple District/ Region level Committee for judging. A Diabetes Project may also be chosen as the District Top Service project.

Well done 202M! There are 40

- participants about to be attending the upcoming **Emerging Lions Leadership Institute** and 9 of them belong to 202M. Thank you to all who helped to make it happen.
- On the GST front you will have read the articles from a number of our portfolio holders who are doing a great job of DG Murray's goal of making what is happening in our various service areas more visible to the Lions of the district. Thanks team.

1 in 11 adults globally has diabetes1

Diabetes lcif.org IMPROVING AWARENESS AND OUTCOMES There's a compelling reason global awareness days and months exist. In the case of diabetes, that reason is twofold: stemming a worldwide epidemic and saving lives.

"With new Diabetes grants from Lions Clubs International Foundation (LCIF), Lions have unprecedented opportunity to take diabetes education and awareness to our neighbours," said Barry Palmer, past international president and CA VII chairperson of Campaign 100: LCIF Empowering Service. "I encourage Lions to take advantage of LCIF grants to tackle health and socioeconomic challenges wrought by this debilitating disease. With LCIF's support and our own vigor and determination, I'm confident we'll make meaningful progress and improve quality of life for so many."

World Diabetes Day 14th November

Check out pages 9 and 10 for more.

District 202M InforM - November 2020

Camp Quality generator fundraiser—

We have reached and exceeded the target. \$6700 has been sent to CQ to cover the generator replacement cost with excess to cover repairs to the trailer that houses the generators and petrol etc for running them. Many thanks to all who contributed.

Kind regards

Alan Knowsley

Correction to the Lions Directory

President Steve Watson - Rimutaka Lions Club Mobile No should be 021 118 7045 Please ament your directory

Child Cancer *This is one of the 5 Global Causes of Lions Clubs International.*

As Lions and as Clubs we can all do something to support this cause.

What is the reality of childhood cancer in New Zealand?

One in every 285 children in NZ will develop cancer.

Every week in New Zealand, 3 children are diagnosed with cancer. At any one time around 320 children are receiving treatment in some form. Most children (over 80%) successfully come through cancer treatment. Unfortunately, many may then endure significant long-term side effects from the treatment itself.

Other than the work of the medical profession in New Zealand, there are many groups working in the field of paediatric cancer and below are a few of them –

The role of NZCCR

The New Zealand Children's Cancer Registry (NZCCR) is a population-based registry which holds verified demographic and treatment information for all children diagnosed with cancer in New Zealand since January 2000.

The National Child Cancer Network provides overall governance of the National Children's Cancer Registry (NZCCR) and the Late Effects Assessment Programme online database (LEAP-IT). Together these resources offer New Zealand researchers access to a wealth of data for a wide range of research purposes.

In addition Network members contribute to many international and local research initiatives to improve the outcomes and quality of life of children diagnosed with cancer.

This data is used to guide clinical practice, inform child cancer service planning and for evaluating health outcomes for children with cancer in New Zealand.

The role of Cure Kids

Cure Kids focuses on raising funding to enable high-impact, New Zealand-based medical research to help save, extend and improve the lives of children diagnosed with serious life-impacting and life-limiting health conditions.

Cure Kids was established by Rotary in 1971 as the Child Health Research Foundation, and since then has **invested more than \$55 million in New Zealand research** which has helped to shape and vastly improve the way children who live with serious diseases and health conditions are diagnosed and treated.

Cure Kids' funding supports researchers across New Zealand whose work focuses on childhood cancers, inherited heart conditions, epilepsy, infectious diseases, cystic fibrosis, sudden unexpected death in infants (SUDI), stillbirth, burns as well as child and adolescent mental health – and many, many other areas of research.

Cure Kids is the **largest funder of child health research** outside the government, working hard to support the best research possible to make a measurable difference to the health and well-being of children in New Zealand. This is made possible by the continued generosity of individuals, businesses, and community groups across New Zealand.

The role of the Precision Paediatric Cancer Project (PPCP)

The Precision Paediatric Cancer Project (PPCP) uses a genetic test called Next-Generation Sequencing (NGS) to identify gene mutations in the cancers of eligible children and adolescents.

The five-year project, begun a couple of years ago, will build advanced clinical capacity in New Zealand to allow new targeted treatment options to be identified in children aged 0-18 years, where standard treatment options are ineffective.

Paediatric haematologist-oncologist Dr Andy Wood from the University of Auckland leads a team of researchers around the country.

He hopes to find better ways to match specific cancer mutations to specific medicines known as 'targeted therapies'.

"The Precision Paediatric Cancer Project is an important step towards personalised treatment, better outcomes and improved child cancer survival rates in New Zealand," Chief executive of Child Cancer Foundation Robyn Kiddle said.

"Together, we'll be able to make a difference by working towards a shared goal."

The clinical trial is at Starship Blood and Cancer Centre in Auckland, and the Children's Haematology and Oncology Centre in Christchurch but will be available to all eligible child cancer patients, no matter where they live in the country.

Cure Kids and Child Cancer Foundation have jointly committed \$1.25 million to the PPCP.

Beth Anders Child Cancer Chairperson.

From your District Diabetes Co-ordinator Glenys Hansen



WORLD DIABETES DAY 14th November 2020

PROJECT IDEAS FOR CLUBS

LEARN

- Work with a healthcare professional to organise an educational talk about diabetes, prediabetes, prevention and management at your club meeting.
- Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease
- Visit/explore the website of your national diabetes association and other organisations to learn more about diabetes
- Share a low glycaemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club members and their families about interpreting food labels.
- Download an app that educates and encourages healthy lifestyle choices. Invite club mem-

ACT

- Donate a diabetes magazine subscription or diabe tes –related books to your library.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies (check the www.diabetes.org.nz website for future camps)
- Organise a "Strides;: Lions for Diabetes Awareness event in your community
- Partner with healthcare professionals to organise a
 screening for diabetes etc
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes
- Organise a weekly walking club at your place of work and share a healthy snack afterwards.

- Organise a school or community vegetable garden to encourage healthy eating.
- Get members to bring along a grocery item from their pantry and have a discussion about the contents with regards to sugar and salt in the item.
- Arrange a Pot Luck meal with members with special attention to "Healthy Low Sugar" foods.
- Contact a school to arrange a "Healthy Lunch" programme at the school encouraging children to try different fruits and vegetables
- Post regular items on your clubs FACEBOOK page with regards to healthy living.

There are many FACEBOOK pages and Websites relating to Diabetes, too many to list here, but do a search for yourself to see what you can find that may be interesting.

Recipe taken from the Healtheries Website

Grab & Go Breakfast Frittatas

This protein-packed breakfast on the go is an absolutely fantastic way to start the day. Add your favourite fillings and play around with different combinations. They will freeze well for up to a month.

Ingredients

10 eggs

1 cup finely grated parmesan or mild cheddar

50g finely chopped baby spinach

Large handful fresh parsley - chopped

100g finely chopped ham

1/2 red capsicum - diced

50g feta cheese

1 tablespoon pumpkin seeds

1 tablespoon sesame seeds

Optional – chives or red onion finely chopped and/or asparagus

Method

- Preheat oven to 180 degrees. Grease a 6-hole jumbo muffin tin really well (sometimes called a Texas muffin tin)
- Whisk eggs, cheese and parsley together. Ladle the egg mixture evenly into the muffin tin.
- Divide the spinach between the holes and use a fork to push it into the egg.
- Top with ham, capsicum and feta. Push these slightly into the egg but don't entirely submerge as the egg will naturally rise up around it.
- Sprinkle with the pumpkin and sesame seeds.
- Bake for 30-35 minutes until golden and cooked through.

Enjoy!!!





Lions Clubs International FOUNDATION

LCIF Week Melvin Jones Photo Contest

This year, we want to celebrate what it means to be a Lion during Campaign 100. The photo contest will be open between October 22 – December 31, 2020. We will celebrate LCIF Week, in honor of Melvin Jones' birthday, by announcing the winners of the photo contest on January 17, 2021.

Limit one entry per person. Your photo submission can qualify for only one of three categories listed below. No purchase or donation is required to enter.

First category is Melvin Jones Fellow/Progressive Melvin Jones Fellow (MJF/PMJF)

Submit a photo of yourself with your MJF plaque or PMJF pin. Group photos will not be accepted. You must also comment by answering the question, in 120 words or fewer, How has LCIF helped you personally or helped your club to help even more people in your community or globally?

Second category is Vison/Sight First-Focused

Submit a photo of yourself from a project you were a part of, in support of a Vision project or LCIF's SightFirst program (as this year, we are celebrating 30 years of SightFirst accomplishments). Group photos will not be accepted. You must also comment by answering the question, in 120 words or fewer, How has LCIF helped you or your club improve the lives of the visually impaired and/or prevent avoidable blindness?

Third category is Youth/Lions Quest-Focused

Submit a photo of yourself you were a part of, from a Youth or Lions Quest project. Group photos will not be accepted. You must also comment by answering the question, in 120 words or fewer, How has LCIF helped you or your club provide access to quality education, vital health services, and positive youth development for young people around the world?

Contest Rules

- 1. By entering this contest, you authorize the use of this photo and your name by Lions Clubs International Foundation ("LCIF") in printed, digital, or other mediums for the purposes of promotion and publicity for LCIF. The photo and its comment shall be the property of LCIF for any and all use.
- 2. No purchase or donation is required to enter.
- 3. Photo and answering of question must be submitted via the official entry form online to be included in contest.
- 4. One photo and question answered per person, per entry and only one category submission allowed.
- 5. Photo must only be of the individual who is submitting. Any photos uploaded with more than one person will not be accepted; whether it is a service project photo or a photo with a Melvin Jones Fellow (MJF) plaque or Melvin Jones Progressive Fellow (PMJF) pin. The photo must only include you in it. Photos cannot contain material that violates or infringes another's rights, including but not limited to material that violates privacy, publicity, or intellectual property rights, or that constitutes copyright infringement.
- 6. The winners will be announced by January 17, 2021. If the 103rd convention does not take place, there is no cash substitution for the prize.
- Odds of winning are dependent upon the number of valid entries received and public voting. All submissions must be received by December 31, 2020 at 11:59 pm (Central Time Zone) to be eligible for the contest.
- 8. LCIF reserves the right, in its sole discretion, to prohibit any entrant from participating in the contest or to disqualify any individual it finds, in its sole determination, to be acting in violation of the official rules, or to be acting in a disruptive manner, or with intent to annoy, abuse, threaten, or harass any other person.
- 9. Voting can be done only online. **To view the website in full ctrl+click on the link below.**

https://gleam.io/g/WrR9g?utm_source=Eloqua&utm_campaign=LCF_EN_ChairpersonOctober_2020&utm_medium=email

District 202M Convention and AGM

I give notice that the 14th Convention and Annual General Meeting of District 202M, Lions Clubs International, will be held at the Silverstream Retreat, Reynolds Bach Drive, Lower Hutt from Friday 12 to Sunday 14 March 2021.

Nominations are now called for the positions of

District Governor 2021 – 2022 1st Vice District Governor 2021 – 2022 2nd Vice District Governor 2021 – 2022

Nominations close 12 January 2021

As provided in the Constitution an election will be held during the Business Session of the District Convention on Saturday 13 March 2021. Nominations, which must accepted by the nominee and seconded by a Club, should be made to:

Cabinet Secretary Graham Atkinson

P O Box 2459

WELLINGTON 6140

e-mail: 202m.secretary@lionsclubs.org.nz

REMITS

Any Club wishing to submit a remit for consideration at the Business Session should note the following requirements

- Prior to submission Remits, in draft form, should first be checked with the District Legal Chairman David McDonald to ensure they comply with the Constitution.
- Remits must be in the hands of the Cabinet Secretary Graham Atkinson

no later than 12 January 2021

Murray Pringle District Governor

The Blind Foundation Has Changed It's Name

As from 10th October 2019 the Blind Foundation has a new name Blind Low Vision NZ. The Blind Foundation was widely known, many people did not know that the organization's services are relevant to people who have significant sight loss that can be describe as low vision.

By retaining the word 'Blind' which is the core of the identity and including the term low vision the new name better represents the diversity of sight that people experience. It is hoped people who are struggling with their vision understand the Blind Low Vision NZ is a place they can receive help for practical and emotional support.

The present membership of 1400 only 25% are classified as blind the remaining are low vision. If you know of anyone with low vision they should contact Blind Low Vision NZ on phone 0800 243 3333 for assistance.

Jennie Vowles Vision

What is happening in Zone 7? - Zone Chair Jim Hunter reports

Kan Tabs for Kidney Kids

Most Lions will be familiar with this project which involves the collection of wine bottle tops and tear top tabs. It has been, until very recently, administered by Levin-Waiopehu Lions Club. However, after 20 years, the Club is asking that each Zone organise their own collection base and delivery to scrap metal dealer/s.

Any money received can then be sent directly to the Kidney Kids Foundation.

History

This project was conceived by PCC Terry Hemmingsen who, at the time, 21 years ago was a School Principal. As a form of punishment, the kids had to take the tear top tabs off the aluminium cans. With the advent of aluminium wine bottle tops this grew into the collection as we know it today.

Unfortunately, some areas have experienced that scrap metal dealers no longer wish to be involved. At the moment the scrap metal return is approximately \$1.05 per kilo. For your useless information – you need 555 bottle tops for 1 kilo.

We include a photo of PDG Terry in front of a pile of bottle tops which had been collected but delayed for processing due to Covid-19. The Lions Club of Levin-Waiopehu spent 50 hours, with magnets, sorting and packing them ready for the scrap dealer. There were approximately 194,250 bottle tops! Equate this to average \$12 per bottle of wine and you get 2.3million bottles of wine has been consumed!

The collection that day amounted to \$400.00.

Please note – the address for sending money to the Kidney Kids Foundation has not been included in this article for fear of scamming. After all, the scammers will pinch the milk off your porridge!

Re-cycled Hearing Aids

At a recent Zone meeting and a Cabinet meeting, the possibility of recycling hearing aids was raised.

Currently, Bay Audiology and other hearing aid suppliers will be happy to clean, process and make them available to Lions Clubs to distribute to the Pacific Islands. Please note, the used spectacles project is that we pick these up from opticians and pass them on to Karori Lions Club for processing.

Hearing aids on the other hand need to be cleaned and tested which is a cost on the hearing aid companies. They do not want to be swamped with used hearing aids.





Top picture shows Terry Hemmingsen with several containers of kantabs and other recyclable metal which after sorting and bagging filled up a sizable area in his garden as shown in the lower photo.



Lions Clubs of New Zealand "THE GREAT KIWI YOUTH EXCHANGE"



26 October 2020

Goal: To provide a range of experiences for New Zealand youth in urban or rural settings within the boundaries of 202D and 202M as a MD202 trial programme in 2021

Objectives of Great Kiwi Youth Exchange:

To provide initial travel experiences for young people in new environments in New Zealand.

- To develop and extend their life skills, their independence, and their confidence while participating in a range of activities in different settings.
- To gain an understanding and appreciation of how people and families in other places in New Zealand live, work, play, relax and have fun.
- To have fun and enjoyment while involved in these new and different activities, challenges and experiences.

Youth Exchange Student Age: For young people aged 15 – 18 years.

We have approval for the initial trial exchange to take place in April 2021 at the Secondary Schools holidays at the end of Term One. Sat 17 April to Sunday 25 April 2021.

All applicants are to be selected with care as the intention is that this will often be the first independent trip away from home.

Applicants should benefit from this as a new experience.

Costs are to be kept to a minimum in this trial – travel costs can be claimed from District or Club by Lions who deliver youth to hosts (at their option). But generally free activities are preferred to paying entry fees or high costs.

Youths will be expected to raise enough spending money so they can be independent.

No cigarette or vape smoking is permitted by youth exchangees.

- There will be a **zero tolerance** to any form of use of recreational drugs youth will be immediately returned home if found to breach this rule.
- Lions Club expectation is that the youths will participate in all Host family and Lion Club activities arranged for them with good grace and dignity. It is intended to be a fun activity so please avoid long boring presentations!!
- Lion Club host families will be expected to provide bed and breakfast, with Host Club members assisting every day with day trips, activities, meals, working bees, club meetings and the like.
- All youths will be required to write a letter of thanks to their sponsoring Club and to their host/s on completion and if possible, to attend a Club meeting to speak of their experiences.

Proposed trial exchange destination options:

Initially anywhere within 202D and 202M, but if the trial works well in 2021, expanding in 2022 to include all of New Zealand including Chatham Islands. Options that Clubs can select from are:

City to rural across or within 202D and 202M.

Rural to city across both Districts.

City to town or a different city within 202D and 202M.

Rural to rural - with new and different aspect. e.g. from living in a dairying area exchanging to an orchard, or a high country farm.

Goal: To provide a range of experiences for New Zealand youth in urban or rural settings within the boundaries of 202D and 202M as a MD202 trial programme in 2021

Objectives of Great Kiwi Youth Exchange:

To provide initial travel experiences for young people in new environments in New Zealand.

- To develop and extend their life skills, their independence, and their confidence while participating in a range of activities in different settings.
- To gain an understanding and appreciation of how people and families in other places in New Zealand live, work, play, relax and have fun.

To have fun and enjoyment while involved in these new and different activities, challenges and experiences.

The Great Kiwi Youth Exchange contd

Youth Exchange Student Age: For young people aged 15 – 18 years.

We have approval for the initial trial exchange to take place in April 2021 at the Secondary Schools holidays at the end of Term One. Sat 17 April to Sunday 25 April 2021.

All applicants are to be selected with care as the intention is that this will often be the first independent trip away from home.

Applicants should benefit from this as a new experience.

Costs are to be kept to a minimum in this trial – travel costs can be claimed from District or Club by Lions who deliver youth to hosts (at their option). But generally free activities are preferred to paying entry fees or high costs.

Youths will be expected to raise enough spending money so they can be independent.

No cigarette or vape smoking is permitted by youth exchangees.

- There will be a zero tolerance to any form of use of recreational drugs youth will be immediately returned home if found to breach this rule.
- Lions Club expectation is that the youths will participate in all Host family and Lion Club activities arranged for them with good grace and dignity. It is intended to be a fun activity so please avoid long boring presentations!!
- Lion Club host families will be expected to provide bed and breakfast, with Host Club members assisting every day with day trips, activities, meals, working bees, club meetings and the like.
- All youths will be required to write a letter of thanks to their sponsoring Club and to their host/s on completion and if possible, to attend a Club meeting to speak of their experiences.

Proposed trial exchange destination options:

Initially anywhere within 202D and 202M, but if the trial works well in 2021, expanding in 2022 to include all of New Zealand including Chatham Island. Options that Clubs can select from are:

City to rural across or within 202D and 202M.

Rural to city across both Districts.

City to town or a different city within 202D and 202M.

Rural to rural - with new and different aspect. e.g. from living in a dairying area exchanging to an orchard, or a high country farm.

Responsibilities:

Host Club:

- **The Youth Director** in each club offering to host has the responsibility to identify and select suitable youth for outwards exchange from their area, and to prepare them for hosting. Meeting host families, discussing programme for their youth exchangee, organising travel and collection and return to home.
- For inwards youth exchange, arrange any whole Club activities such as BBQ, meet & greet lunches or afternoon teas. If you have a meeting or project while the youth exchangee is with you, please invite them along to take part.
- **The Club President** is to support all hosting activities (inwards and outwards) as a club project where all members can help meals, day trips, and visits so the day activities aren't left solely to the Host family.

Host families:

Most recommendations in the Lions International youth exchange booklet (pages 16-22) apply.

- All Host family members normally resident in the home will require a Police security check.
- Hosts do not have to be Lions but must be known to the local Lions Club as reputable and caring hosts, who will support these youths on their "big adventure".

Applications: Applications must be completed with parental consent, and will close November 30th 2020 for an April 2021 exchange. This lead in time is required for all the administration to be completed.

- Initially to be sought from young people through Lions clubs, youth directors, youth activity groups, and Secondary and Tertiary training facilities.
- Applicants must complete an application form including a medical check by their GP. This will include any advice on prescribed medication to be taken by the youth exchangee.
- **Costs**: Spending money is to be paid by the youth exchangee they are expected to pay their own way and will have the opportunity to shop and go to activities where they may have to pay an entry fee. In certain circumstances. Lion Clubs may agree to fully or part sponsor/fund travel costs for applicant if the young person is in a difficult financial situation but who would gain much from participation in a youth exchange programme. **This is a Project cost.**

The Great Kiwi Youth Exchange contd

Guidance Notes for All Clubs

The basis of this programme is to reach out to those youth in our communities who will not have the opportunity to travel within New Zealand due to cost, lack of confidence, or lack of opportunity. This should provide a positive and fun experience that opens their minds for future life choices. It can be also be viewed as a first step before attending an International Youth Camp in Australia or an International Youth Exchange programme trip in the future.

For those reasons, we have lowered the age to 15 with an upper limit of 18 at the time of travel. We suggest that most of the students involved in this programme will still be at Secondary School. (International Youth Exchange is 17 years plus.)

Clubs can select anyone whom they believe will be mature enough to cope and benefit from this experience, BUT the youth exchangee must realise **they** have to work and perform as well. This is not a free holiday trip. They will be expected to help in the Host home as they would at home, and our behaviour expectations are high as they will be representing their sponsoring Lions Club. Dress is expected to be modest and practical – high fashion and immodest club dress is not acceptable.

Carol McMillan, MD202 International Youth Exchange Co-Ordinator and 202M Youth Chair North *Lorraine Brooks*, 202M Youth Chair South

Stephanie Jordan, MD202 Convenor for Internal Youth Exchange and 202D Youth Chair North Phil Lightbourne, 202D Youth Chair South

Approved by 202D and 202M Cabinets for trial 17 to 25 April 2021.



These Lions were awarded membership badges representing the number of years they have been Lions. Arnold Hart 11yrs, Graeme Ching 9yrs, Jennie Vowles 18yrs, Rosemary Smith 9 yrs, Alison Johnston 34 yrs and Don Rennie 59 yrs.

PCC Don Rennie receives his pin acknowledging 59 years of service to Lions Clubs International. Don was DG in 1982-83 and Council Chair the following year. Congratulations Don!

Round the CI ubs

Karori



Playscape Progress Report



Thank you very much to the clubs who are continuing Donations can be paid by direct credit into The Lloyd to send in their pledges and donations. The total raised is steadily increasing. We will keep our fingers crossed for a positive outcome from the grant applications.

IPDG Jack Hayes is in the process of finalising the arrangements for the book sale, to be held at Trentham Racecourse 12-14 November. This has the potential to give our fundraising campaign a huge boost. I extend my thanks to those who are volunteering to help at the sale. Your efforts and assistance is very much appreciated.

Those of you who attended The Presidents Weekend dinner, would have heard the very passionate speech from Dr Andrew Marshall. Andrew spoke from the heart and he is a guy who gives so much to the wellbeing of our young sick children. Listening to Dr Andrew just reinforced what a great project The Playscape is and is something as we Lions can be proud to have such a strong connectivity and involvement with.

Morgan Lions Clubs Charitable Trust (LMLCCT) for recording and safe keeping.

The bank account number is 02 0528 0038410-00.

Clubs depositing funds should enter their club number in the reference field and the club should send PDG Keith Kenderdine an email confirming the amount banked for the project to

email lmlcct.admin@lionsclubs.org.nz

Trust Chair, PDG Keith is keeping a record of every clubs' individual donation.

If clubs do not wish to donate yet, they may make a pledge, for a donation at a later date. The pledges qualify for the matching grant from LCIF. To make a pledge, please write the amount on club letter head and send to202M, 1st VDG Simon Williams E: 202m.vdg@lionsclubs.org.nz

VDG Simon Williams, Playscape Coordinator.

(GLT) Global Leadership Team—Updates

Lions Institute Courses:

We are hopeful that despite the announcement of Institutes in Australia only, we may be able to offer reciprocal Institutes in NZ at the same time. This is not a definite but what I need to know is whether the dates clash with anything in NZ

Faculty Development Institute, March 26-28, 2021

Advanced Lions Leadership Institute, April 15-17, 2021

Please do note this has not been agreed to as yet, but we are hopeful, and should know in the next few weeks.

The LEARN centre on MyLCI:

The Learn centre on MYLCI will from late November offer individual journey history for every Lion. Once this is up, if you can check and see if Lions past history has been added and let LCI know of any glaring omissions.

MYLCI Reporting:

MD202 has only got 35% service reporting rates, the lowest in the CA 7. It is understood that some Lions have had difficulties accessing and reporting on MYLCI. The issue is not with MYLCI or My Lion but rather with the platforms people have been using. This will often occur after a Goggle Chrome update. If you have a problem recording on My Lion or My LCI you should always try accessing them with an alternative product such as Microsoft Edge, Mozilla Firefox or Internet Explorer.

CA7 Success stories:

A video is due out 14th November with an outline of some of the CA7 Success stories—watch out for these inspirations.

Accessing MYLCI logons:

If you are having difficulty gaining access to M LCI or My Lion do not hesitate to contact PDG Alice McDonald on alicem.mcdonald@outlook.com—she is always happy to help.

Succession Planning:

With Christmas just around the corner and the usual summer shut down of clubs, now is the time to start thinking of who will take on the responsibilities for running your club in the next Lions year. Remember March is nominations month and you should be forming a nominations committee to identify the future leaders of your club. Leadership doesn't happen overnight and by identifying your club leaders early you can get them on Emerging Lions Leadership courses, encourage them to have a mentor, and to start some of the many Lions Learning Centre Courses so that they are fully prepared to take on the leadership of your club at some time in the future.

Yours in Lions PDG Rex Bullard GLT Team Leader

Environment

This month I am going to address tree planting, bush clearing and wetlands.

The above activities are both important and rewarding. They give a sense of personal achievement and promote camaraderie amongst your fellow Lions and others with whom you are working. It is really important to make sure you have good advice when embarking on such a project. Link with a group who knows what they are doing; seek advice and support from local City and District Councils, or from DOC, Forest and Bird, etc.

I am including some links below – you may find others with the help of Mr Google.

I am sure that nobody doubts the merits of **planting trees** at this time when most of the world is finally getting to grips with the existential threat of global warming. Planting the right trees in the right place is important. Generally it is better to embark on tree and shrub planting in the cooler, wetter months, when the young plants will not be subjected to heat and drought. Planting native trees is often preferable to planting exotics. Here is a useful link for which natives are best for the various regions of New Zealand.

https://www.treesthatcount.co.nz/resources/regional-guides-for-planting-natives/

Bush clearing and track making go hand in hand with planting natives. Again, it is important to get expert advice and community endorsement. Some invasive species are more difficult to eradicate than others, and may even need a herbicide. Others may appear to be easy, but return very easily if not removed properly. Bush clearing can take place in the summer

months, ahead of planting in the cooler months.

The importance of **wetlands** seems to have been fully recognised only in the last few decades. They provide habitats for a wide range of wildlife, from important microbial life, to fish, birds and animals. They sequester large quantities of carbon in the soil, stabilise water retention and flow across a wide area, and reduce flooding and erosion of soil. They are a great enhancement to our appreciation of the natural environment.

The following link is an excellent guide to establishing a wetlands project (the format can just as well be used for other environmental projects) -

https://www.wetlandtrust.org.nz/wp-content/uploads/2019/12/Plan-a-wetland-event_NWT.pdf

Thanks for caring about the environment – a legacy for our children and grandchildren.

Trevor Anders

LCI 202M Cabinet Support - Environment

Lions Club of Karori

trevoranders@outlook.com

*** NOTE*** The above email address is correct. Unfortunately in the last issue I put in the wrong email address! It would be great to hear about the environmental projects you are busy with, or planning. Let's share!

*** Please share details of your environmental plans and projects***